

TAX RELIEF UP TO RM6,000 Cost of basic supporting equipment for disabled self, spouse, child or parent.

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NOV 2024 - APR 2025

CATALOGUE VOL.16



SILVERCARE

News And Insight For Elderly And Post Discharge Care



**DON'T BUY
BLOOD PRESSURE MACHINE
ONLINE!**

5 Steps For Reliable Blood Pressure Monitoring!

pg.4



The Dangers Of Using Unreliable Medical Devices.

Join

Alpro 18th Silvercare Day Activities

pg. 13



NEW

BiPAP Rental & SLEEP TEST SERVICE

Available At Alpro

Suspect sleep apnea?
Order your sleep test today.
pg. 52 & pg.56

Scan To Watch Video.
Worried About Post Discharge?
Find Alpro!



“Reassurance that brings Smiles • 我们专业, 您安心”

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Self-Monitoring of Blood Glucose (SMBG)

Experience Unwavering Emotional Support on Your Diabetes Journey with SugO365



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Welcome to the

VOL.16

Alpro Silvercare Catalogue!



Kelly Gan

Editor in Chief

In today's digital age, accelerated by COVID-19, online shopping has become a growing trend, particularly for health devices like blood pressure monitors. However, it's crucial to purchase these machines only from trusted sources. Buying online can pose risks, as counterfeit or inaccurate devices may lead to dangerous health outcomes.

At Alpro, we are committed to ensuring high-quality products by offering professional guidance and complimentary accuracy tests year-round, guaranteeing reliable readings from your blood pressure monitor.

Our mission goes further, as we are dedicated to supporting post-discharge patients and their caregivers as a one-stop rehab center. With nearly 300 outlets across Malaysia, including Sabah and Sarawak, we offer services like **rehab delivery, rental options, and in select regions, home physiotherapy and nursing care, providing reassurance and care that bring smiles to families during challenging times.**

We hope you find this edition of our Silvercare Catalogue both informative and inspiring. Please share it with those who may benefit. Together, let's work towards a healthier, more vibrant life!

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A Recent Viral Story Highlights The Dangers Of Using Unreliable Medical Devices.



DON'T BUY Online!

is seldom I do ranting post but I can't hold this mixed feeling... at the same time feeling disappointed... while we are here trying to do our best to help more people regain their health, there are irresponsible parties... their king ad...



A patient, initially diagnosed with hypertension, was misled by low blood pressure readings from a cheap, uncertified monitor purchased online. Trusting these faulty results, he stopped his medication, believing his condition was under control.

This incident underscores the risks of using unapproved medical devices and the importance of consulting health-care professionals. It serves as a reminder that health should not be compromised for convenience or cost savings.

Best to get your blood pressure machine only from trusted sources like pharmacy.

3 Warning Signs Of A Fake Blood Pressure Monitor

- 1. Not MDA Registered and Unverified.**
- 2. Very Cheap Price and Big Discounts** even big brands sold at low prices online can be counterfeit.
- 3. Fluctuating Readings** when it's not due to method or timing of measurement.

5 Steps

For Reliable Blood Pressure Monitoring!

Monitoring your blood pressure (BP) is essential for maintaining good health. Whether you're managing hypertension or proactively caring for your well-being, knowing how to accurately measure and interpret your BP is crucial.

This guide will help you choose the right blood pressure monitor (BPM), measure your BP properly, check for accuracy, and adopt lifestyle practices to maintain healthy levels.

Prepared by:
Ph. Nguyen Le Thanh Hien

1. Choosing The Right BPM

✔ Ensure MDA Approval:

- Look for the MDA certification label on the BPM.
- Purchase from reputable brand known for quality healthcare device and only trusted source like pharmacy.
- Consult a trusted pharmacist for recommendations.



✔ Types of Monitors:



Upper Arm Monitors:
Most accurate, used in medical settings.



Wrist Monitors:
Compact but may not be reliable for hypertension.



Smart Monitors:
Sync with apps for tracking and insights.

2. Proper Blood Pressure Measurement

10
minit



Preparation:

- a. Rest for 5-10 minutes before measuring.
- b. Sit comfortably with feet flat and back supported.
- c. Ensure cuff neither too tight or loose, that allow 2 fingers able to fit underneath comfortably.

3
cm



Measuring Your BP:

- a. Ensure the tube placement is facing upward.
- b. Start the monitor; it will inflate the cuff automatically.
- c. Record the reading, noting systolic (top number) and diastolic (bottom number).

****Repeat after 1-2 minutes for consistency.**

3. Checking Accuracy

Accuracy is crucial when monitoring your blood pressure at home. Hence, it's recommended to check your BP machine at least once every 6 months.

Otherwise, it has increased risk of inaccurate readings that might cause dangerous health risks like heart attack. You can bring it and check at pharmacy like Alpro.

Inconsistent readings: Ensure the correct measurement method and positioning. Also, take at least 2-3 readings in single visit and average the readings to get a more accurate assessment.

Common Issues:

Inconsistent results:
Stick to a routine for measurements.

Environmental factors:
Measure in a quiet, comfortable setting.



4. Reading Blood Pressure Results

Understanding Readings:

- Systolic Pressure: Pressure during heartbeats.
- Diastolic Pressure: Pressure when the heart is at rest.

Consult a healthcare provider if readings are elevated ($\geq 140/90$ mmHg) or vary significantly from your normal levels.

4

5. Lifestyle Practices to Manage Blood Pressure

Managing your blood pressure involves more than just monitoring it. Your lifestyle plays a significant role in maintaining healthy levels. Here are some proven strategies:

a. Maintain a Healthy Diet:

Incorporate plenty of fruits, vegetables, whole grains, and low-fat dairy into your meals. Reducing sodium intake and avoiding processed foods can also have a positive impact on your BP.

b. Exercise Regularly:

Aim for at least 30 minutes of physical activity most days of the week. Activities like walking, cycling, and swimming are excellent for cardiovascular health.

c. Reduce Stress:

Practice relaxation techniques such as deep breathing, meditation, or yoga. Chronic stress can elevate BP over time, so finding ways to unwind is crucial.

d. Limit Alcohol and Caffeine:

Drinking alcohol in moderation and cutting back on caffeine can help maintain healthy BP levels.

e. Quit Smoking:

Smoking increases BP and damages blood vessels, leading to a higher risk of heart disease. Quitting can significantly improve your overall health.

Incorporating these lifestyle habits into your daily routine can lead to significant improvements in your blood pressure management.

5



A Blood Pressure Laugh: How High Are Your Scores?



@Silvercare_Aunty Lina & Uncle Jon.



Buy BPM From Trusted Sources Like Alpro Pharmacy

Are you ready to take control of your blood pressure and health? Choosing a reliable blood pressure monitor from Alpro Pharmacy ensures you have a trustworthy device to help you stay informed.

Visit nearest pharmacy with expert guidance to help you choose the right options and correct usage methods.

Stay proactive about your health—measure your blood pressure at home with ease and accuracy!

How A Reassuring Blood Pressure Check Brings Smiles

At Alpro Pharmacy, heartfelt care transforms routine visits into life-changing experiences. Customers share touching stories of how simple blood pressure checks revealed deeper health issues, thanks to pharmacists who listened and guided them with compassion.

These testimonials highlight the profound impact of personal connection in healthcare, showcasing Alpro's commitment to not just filling prescriptions but nurturing the well-being of every patient. Discover how genuine care can make all the difference.

Don't miss these incredible journeys—flip to the next page!





Real Voices, Real Care

Uncle Lee ★★★★★

I recently stopped by the Alpro Pharmacy Nusa Bestari for a blood pressure check, and I was really impressed with the care I received. **The pharmacist didn't just take my BP; she explained everything in detail.** After checking my pulse and BP, she told me I had slightly high blood pressure and explained what that meant in a way I could easily understand.

She also asked about my exercise routine and recommended some supplements that could help. What really impressed me was how she recorded everything and scheduled a follow-up. I've never had anyone explain things so clearly, and I'll definitely be coming back to her for my future check-ups.

Highly recommend this pharmacy!

Ms.Christine ★★★★★

I visited the Alpro Pharmacy Jalan Perak a few days ago, and I must admit I was in a hurry and not in the best mood. I needed a refill of my Amlodipine 5mg, and I was taken aback when I noticed the price was slightly higher than what I usually pay. I expressed my frustration to the pharmacist quite strongly, but instead of getting defensive, she remained calm and offered me a solution.

She suggested I sign up for a lifetime membership to get a better price, but I wasn't interested. I was still upset, but she didn't give up. Instead, she invited me to take a moment to check my blood pressure, which they offer as a free service. Honestly, I wasn't expecting that, but I agreed.

Even though the store was about to close and there were other customers, she made sure to attend to me. She was very professional and even checked my pulse, something **I hadn't experienced before in other pharmacies.** **She explained my slightly high blood pressure in a way that was easy to understand and gave me some helpful advice.**

By the time I left, my mood had completely changed. The pharmacist's kindness and professionalism really stood out to me. I was very impressed by how she handled the situation, and I left feeling much better than when I walked in.

I'll definitely be coming back, and I highly recommend this pharmacy to others.

Puan Azita ★★★★★

Last month, I visited the Apro Pharmacy Ipoh Selatan to refill my usual blood pressure medications, and the pharmacist suggested I check my blood pressure. I was a bit hesitant at first, but he explained how important it is for my health. My blood pressure was quite high, which led to a conversation about my medications. I mentioned I'd been using the same ones for years, but he noticed they weren't the most up-to-date.

After sharing more about my experience, including a visit to a doctor in KL who prescribed a different medicine that worked better for me, the pharmacist recommended I switch back to that newer prescribed medication.

Two weeks later, I returned to the pharmacy feeling much better. My blood pressure had improved significantly, and I no longer experienced chest tightness. The pharmacist's careful attention and genuine concern made a real difference in my health. **It's amazing how that initial BP check led to such positive changes.**

I highly recommend this pharmacy for anyone seeking thoughtful and personalised care.

Mr.Kumal ★★★★★

My experience at Alpro Pharmacy Teluk Pulai started with a simple blood pressure check, but it led to a life-changing series of events. I was purchasing my usual blood pressure medications when Pharmacist Deva offered to check my blood pressure. That check revealed that my blood pressure was still high despite my medication. This finding was the key trigger that prompted Deva to recommend a visit to Dr. Nicholas at Alpro Setia Alam for a more thorough evaluation.

Because of that BP check, I underwent blood tests that uncovered I had diabetes, uncontrolled hypertension, and high cholesterol. These conditions had gone unnoticed until that moment. Thanks to the early detection, Dr. Nicholas was able to start the right treatment immediately. Deva didn't just stop there—he continued to follow up with me, providing support and advice throughout my health journey.

It's incredible to think that all of these positive changes in my health were set in motion by that one blood pressure check. My health has significantly improved, and I'm feeling much better now. I'm extremely grateful for the care and service provided by Alpro Pharmacy and Alpro Clinic. Their commitment to thoroughness and patient care truly made a difference in my life.

Highly recommended!





PRICE DISPLAY IS
ALPRO MEMBER
PRICE

POST-DISCHARGE CARE ONE FOR EVERY FAMILY HOME MONITORING

BLOOD PRESSURE METER

OMRON HEM 7155T AP AUTO BP MONITOR

- | Average last 3 readings in 10 minutes |
- | Irregular Heartbeat Detection |
- | IntelliWrap 360° Accuracy |
- | Hypertension indicator |
- | Full basic functions |



[100341270]

~~RM 385~~
RM 329

MDA Reg.No : GB5940224-165661

- ### INNOMED M1
- | Arrhythmia detection |
 - | Large wording display |
 - | 2 user x 120 memories |

[100144609]

~~RM 175~~
RM 150

MDA Reg.No : GB3374022-404196



- ### OMRON HEM 7142T1
- | Hypertension indicator |
 - | Body movement detection |
 - | Cuff Wrapping Guide |



[100183375]

~~RM 199~~
RM 169

MDA Reg.No : GB7742021-80178



- ### ROSSMAX AW150
- | Blood pressure level indication |
 - | Movement detection |
 - | Irregular heartbeat detection |

[72276]

~~RM 290~~
RM 199

MDA Reg.No : GB39668337717



- ### ROSSMAX Z5
- | Specific Arrhythmia Detection |
 - | Rechargeable Lithium-ion Battery |
 - | Lifetime Calibration |

[100046770]

~~RM 699~~
RM 539

MDA Reg.No : GB7560821-56039



THERMOMETER

ACCURO ACR - IR702 Forehead Infrared

- | One second reading |
- | Auto Shutdown |
- | 30 sets memory |
- | Fever warning |
- | Age Stage Technology |

[100303478]

~~RM 219.70~~ **RM 169**

MDA Reg.No : GB10695924-160271



ACCURO ACR-IR3010 Multi Function Infrared

- | Quick and Accurate Measurement |
- | One Button Easy Operation |
- | Tri Color Indicator Light |

[100303460]

~~RM 219.70~~ **RM 169**

MDA Reg.No : GB10695924-160271



60 60 Months Warranty
On Manufacturing Defect

- ### OMRON HBF-255T Body Composition Monitor
- 4 users memory with auto recognition for the users.
 - Weigh your baby or pet easily with the weight subtraction function.

[100347012]

~~RM 329~~
RM 299

- ### OMRON HBF-702T Body Composition Monitor
- 4 users memory with auto recognition for the users
 - Segmental subcutaneous fat & skeletal muscle percentage

[100466788]

~~RM 825~~
RM 750



WEIGHING SCALE

- ### ROSSMAX WF260 Body Fat Monitor Scale
- Body Fat Assessment
 - Body Muscle Assessment
 - Body Mass Index

[70197]

~~RM 259~~
RM 199



- ### NOVOSCALE CB501 Digital Scale
- step-on-start feature
 - 180kg max capacity

[69799]

~~RM 64.90~~
RM 59



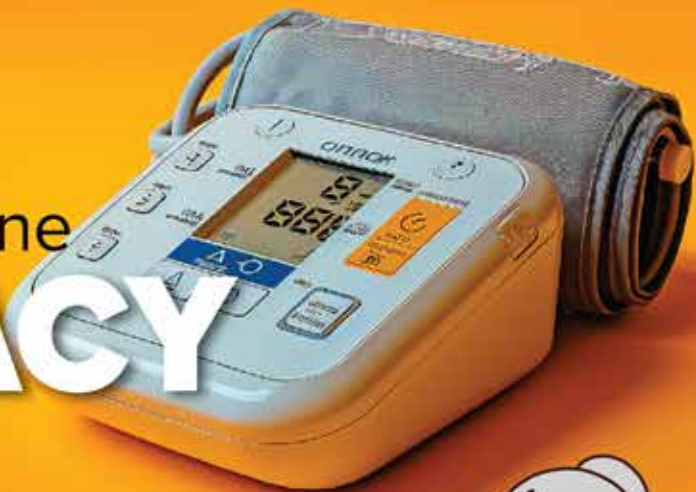
All these medical devices registered under Act 737

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice | Price display is Alpro Member Price. |
| Installation Available For HLB & CIMB Credit Card Holder Only. | Please consult your doctor for the interpretation of results and diagnosis. |

FREE

Blood Pressure Machine

ACCURACY CHECK!



Recommended to do once every 6 months!



“ Are You Sure Your BP Machine Reading Is Still Accurate? Inaccurate Readings Can Be Very Dangerous. ”

019-750 0612

Call us for appointment now!

Campaign Schedule

13 - 17
JAN - FEB

Penang, Melaka, KL, Selangor, *Sabah & Sarawak (Selected Outlets Only)

14 - 13
APR - MAY

Negeri Sembilan, Terengganu, Kelantan, Kedah, Perak, Perlis, *Sabah & Sarawak (Selected Outlets Only)

02 - 08
JUN - JUL

Johor, Pahang, *Sabah & Sarawak (Selected Outlets Only)

04 - 08
AUG - SEP

Penang, Melaka, KL, Selangor, *Sabah & Sarawak (Selected Outlets Only)

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Availability based on pre-arranged schedule, kindly text/call to confirm.

“Trade-in ANY Brand of Blood Pressure Machine!”

TRADE-IN OLD BLOOD PRESSURE MACHINE



TO A NEW BLOOD PRESSURE MACHINE

How to Trade-In?

1

VISIT

Bring your old machine to any Alpro Pharmacy Outlet.

2

UPGRADE

Enjoy exclusive trade-in rebate

OMRON HEM 7142T1



MDA Reg No : GB742021-8078

OMRON AP AUTO BP MONITOR HEM 7155T



MDA Reg No : GB5943224-865681

ROSSMAX Z5



MDA Reg No : GB7569821-96029

All these medical devices registered under Act 737 *Important Notice : T&Cs Apply. | Images are for illustration purposes only.

55
Years Old
And Above



BE OUR
Silvercare
Member

How to **Join?**



<p>STEP 1</p>		<p>STEP 2</p>	<p>STEP 3</p>
<p>FREE</p>	<p>JOIN</p>	<p>华语群组 or Malay Version</p>	<p>DONE</p>
<p>Register for free at Alpro Pharmacy.</p>	<p>Join our Facebook Group</p>		<p>Get your Silvercare Member sticker.</p>

* Silvercare membership applicants must be individuals aged 55 years and above. Free registration only applicable for all Alpro members and it is a lifetime membership.



Exclusive Silvercare Member **Benefits**



<p>1 RM10 Cash Voucher</p> <p>For every RM200 spent on every 18th except for items with (*) price tag labelling in Alpro Pharmacy outlet</p>	<p>2 Rebate Vouchers</p> <p>Physio Consultation, Online Shopping, Blood Test.</p>	<p>3 Special Discounts</p> <p>On Every 18th for selected items. *refer to page 12-13</p>
<p>4 12 Months Extended Warranty</p> <p>MOVEN Anzen reliable * Selected rehab product.</p>	<p>5 18th Silvercare Day Activities</p> <p>1.Silvercare Captain Experiential Program 2.Silvercare Interactive Workshop</p>	<p>FREE Hearing Assessment</p> <p>Recommended after age of 55 as annual screening.</p>

*Term and conditions apply.



Join Alpro 18th Silvercare Day Activities

Only For 55 Years Old & Above.



LEARN
Health & Product Knowledge



SELF-EXPERIENCE
Product & Cashier Duties



EMPOWER
Yourself To Care For
Own Health & Others

Join us for the **Alpro 18th Silvercare Day Activities** with the **Silvercare Captain Program** and **Interactive Workshop!** If you're 55 and above, embark on an exciting health journey at Alpro Pharmacy.

As a Silvercare Captain, you'll be guided by our friendly pharmacists and nutritionists, enjoying engaging sessions on various health topics. Best of all, it's completely **FREE!**

Don't miss this chance to enhance your well-being and have fun—your healthier, happier self awaits!



SCAN TO REGISTER NOW!

*At selected Alpro Pharmacy outlets.
*Subjected to limited slots available.

T&C Apply.

SPECIAL PROMOTION

Only for Silvercare Member

Available On Silvercare Day **Every 18th** Of The Month.



1 DAY ONLY!



POWERLIFE
IMMUNIS C PLUS
3X10S

[100318013]

SPECIAL PRICE

SAVE
RM29⁷⁰

~~RM59⁷⁰~~
RM 30*



POWERLIFE
BONLIV FORMULA
3X10S

[58336]

SPECIAL PRICE

SAVE
RM52⁹⁰

~~RM124⁹⁰~~
RM 69*



RINONLIV 2G 30S

[65801]

SPECIAL PRICE

SAVE
RM10⁷⁹⁰

~~RM276⁹⁰~~
RM169*



POWERLIFE
COGNIMAG 30S

[100080852]

SPECIAL PRICE

SAVE
RM30

~~RM158~~
RM128*



TANAKAN
40MG 6X15S

[56925]

SPECIAL PRICE

SAVE
RM32¹⁰

~~RM146~~
RM113⁹⁰*



MULTIDENT ADVANCED
DENTURE ADHESIVE
CREAM 60G

[100069285]

SPECIAL PRICE

SAVE
RM8

~~RM25~~
RM17*

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice.



PROMOTION ONLY FOR SILVERCARE MEMBER



AVAILABLE ON EVERY 18TH OF THE MONTH



[69123]
MAPLELAND
 LUTEIN 20MG 30S
 SPECIAL PRICE
~~RM49~~
RM19⁹⁰*
 SAVE RM29¹⁰

*Limit 2 Units For Each Silvercare Member Every Month.



[70763]
GKB Z-WELL
 350MG 60S
 SPECIAL PRICE
~~RM429~~
RM108⁸⁰*
 SAVE RM20²⁰



[100049980]
GKB LION'S MANE
 MUSHROOM 60S
 SPECIAL PRICE
~~RM498~~
RM165*
 SAVE RM33



[100171503]
TIMO C KING
 450MG X 50S
 SPECIAL PRICE
~~RM456~~
RM120*
 SAVE RM36



[100110725]
NUZEEL COQ10
 150MG SOFTGEL 30S
 SPECIAL PRICE
~~RM435~~
RM79⁹⁰*
 SAVE RM55



[100110683]
NUZEEL LIQUID CALCIUM
 WITH D3 & K2 60S
 SPECIAL PRICE
~~RM435~~
RM79⁹⁰*
 SAVE RM55



[100122852]
S SELECT DENTURE
 CLEANSER TABLET
 108S
~~RM31⁷⁹~~
RM26*
 SAVE RM5⁷⁹



[71949]
SILVERCARE
 GOLF UMBRELLA
 30 INCHES
~~RM59⁹⁰~~
RM19⁹⁰*
 SAVE RM40

All these medical devices registered under Act 737

*Important Notice : T&Cs Apply | Images are for illustration purposes only | Price subject to change without prior notice.

Exclusive Purchase With Purchase Promotions!

Unlock amazing deals: Enjoy free services and special discounts when you purchase or rent select medical rehab items! We Help You Save More.

NEW!

Purchase
Domus 2, Domus 3 and Domus Auto



*T&C Apply.

FREE X1
Anti-Embolism Stocking!



Enhance circulation and reduce leg blood clot risk from immobility.

NEW!

Purchase
Any Moven & Bmate Wheelchair



*T&C Apply.

Anzen Commode
5% OFF



showerbuddy
SB7E

Discount
RM200

Purchase
Any Wheelchair



*T&C Apply.

Top Up ~~RM 342.90~~
Only: **RM 225**

(80025)
BES+MADE
Advax Sliding Transfer Board
MDA Reg.No: GA3954021-63644



(000057173)
BES+MADE
Coccyx Memory Foam Seat Cushion



Top Up ~~RM 199~~
Only: **RM 118**

Purchase
Moven BMQ05 Wheelchair



*T&C Apply.

FREE X1
Worth RM342.90
*While Stock Last.



(80025)
BES+MADE
Advax Sliding Transfer Board
MDA Reg.No: GA3954021-63644

Purchase
Ugoku Support Range
RM150 or above



*T&C Apply.

FREE X1
Traction / Sport Massage Session
Worth RM50



*At center only.

Purchase
Any APEX Ripple Mattress & Hospital Bed.



*T&C Apply.

FREE X1
Home Care Assessment
by Doctor / Nurse



Applicable only in selected regions of Klang valley and Seremban.

Rent or Purchase
• Selected Medical Rehab Items
• RM400 or above



*T&C Apply.

FREE X1
Home Physiotherapy
Worth RM50



*Selected region

Rent or Purchase
• Any Medical Rehab Items
• Any Physio Package



*T&C Apply.

Top Up ~~RM 198~~
Only: **RM 139**

GKB Lion's Mane Mushroom



Product Reg.No: MAL210361277C

WHEEL-CHAIR

Repair Service

Service Charge As Low As **RM10**



Alignment & Balancing



Cleaning



Spare Part



Disinfection



Home Service
*Selected areas only.

Service Done Within 15min
*Depend on wheelchair condition & areas.

ROUTINE SERVICE
It's recommended to service your wheelchair once every 6 months.

Let's make your wheelchair safe & comfortable to use again!



BOOK NOW
019-750 0612

FREE X1 Servicing
for Moven & Comfort Brand Wheelchair only.
Within 6 Months

*Important Notice : T&Cs Apply. Images are for illustration purposes only. For Allianz Insurance customer enjoy silvercore member service charge. †

*T&C Apply.

Only for **MOVEN** WHEELCHAIR

7 Days

Exchange Return Guarantee

Up to RM300

Buy Back Value *Selected Model

12 Months

Warranty *Frame Only

Extended

12 MONTHS WARRANTY

Exclusive to SILVERCARE MEMBERS

The maximum weight capacity for wheelchairs generally is 100kg, unless explicitly stated otherwise.



PRICE DISPLAY IS

ALPRO MEMBER PRICE

POST-DISCHARGE CARE BEST SELLING WHEELCHAIR



STANDARD WHEELCHAIR



HOSPITECH-SFN-SWC-STD-101
Standard Wheelchair 16kg

- Fixed Backrest/Armrest/ Footrest
- Weight 16kg

[100405240]

RM 249

MDA Reg.No : GA779020-81048



soma105
Standard Aluminum Wheelchair

- Standard Lightweight
- Stylish & Durable

[100041870]

RM 789 ~~RM 750~~

MDA Reg.No : GA562719-34201



ELCO PLUS-FMW043
Standard FABRIC

- Fixed Backrest/Armrest
- Weight 12.5kg
- Detachable Footrest

[100126044]

RM 380

MDA Reg.No : GA3292220-45340



KAWAMURA

Standard Basic

- Standard Lightweight
- Aerospace-Grade Alum Alloy Frame

[100044981]

RM 1,535

MDA Reg.No : GA874420-42791



LIGHTWEIGHT & COMPACT

MOVEN BMQ05 20INCH Lightweight

- Light Weight Aluminium Alloy Frame
- 20" Rear Wheel
- Flip-up Armrest
- Flip-up Legrest

[100322981]

RM 965 ~~RM 770~~

MDA Reg.No : GA9326524-159187



BMATE BB358AJ-20-46
STEEL ECONOMY Wheelchair 20"

- Lightweight Steel Frame
- Dual Brake System
- 4 Layer Adjustable Angle Footrest

[100311265]

RM 399

MDA Reg.No : GA10146023-155787



BMATE BB368LAJ Fixed Aluminum
Wheelchair 20"

- Light Weight Aluminium Frame
- Fixed Arm Rest
- Flip-up Legrest

[100315100]

RM 665 ~~RM 530~~

MDA Reg.No : GA9624423-156101



PRESCRIPTION WHEELCHAIR

MOVEN PRIME
Custom S Wheelchair

- Tension Adjustable Backrest
- Adjustable Seat Height
- Quick-release Rear Wheel

[100288901]

RM 2,999 ~~RM 2,399~~

MDA Reg.No : GA2495123-137511



ACTIVE WHEELCHAIR

MOVEN Active Sport Wheelchair

- Tension Adjustable Backrest
- Quick Release Rear Wheel
- Lightweight & Compact

[71680]

RM 5,270 ~~RM 2,999~~

MDA Reg.No : GA6598720-38644



COMFORT S1 Rigid Active Wheelchair

- Upholstery Air Mesh
- Adjustable Height of Footplate
- Adjustable Angle of Backrest
- Aluminium Framework
- 5"PU Tire with suspension

[100285063]

Taiwan Brand

RM 7,800 ~~RM 7,500~~

MDA Reg.No : GA7462523-150973



KAWAMURA

Rollator Wheelchair

- 3 In 1 Functions
- Rollator Mode

Japan Brand

[100045004]

RM 2,499 ~~RM 2,150~~

MDA Reg.No : GA8714420-42791



Take Note : 12 24 60 12/24/60 Months Warranty on frame manufacturing defect. 6 6 Months Installment Available.

All these medical devices registered under Act 737

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† Installment Available For HLB & CIMB Credit Card Holder Only. |

TRAVEL & TRANSPORT WHEELCHAIR

COMFORT L1-612
Transport Wheelchair

- Aluminium Frame
- 8" Castor Wheel
- Breathable & Comfortable Seat Cushion



Taiwan Brand
140 KG MAX. CAPACITY
[100285030]
~~RM 1,600~~
RM 1,425.60
EASE FOR TRAVEL
MDA Reg.No : GA10828423-150985

MCVEN BM305LA
Portable Travel Wheelchair 8"

- Light Weight Aluminium Frame
- Fixed Arm Rest
- Flip-up Legrest



[100322932]
~~RM 550~~ **RM 440** 12
MDA Reg.No : GA10430524-160781

MCVEN BM01LABJ-12 INCH
Transport Wheelchair

- 12" Transport Wheelchair
- Swing Footrest
- Detachable Footrest
- Foldable Backrest



[100079383]
RM 699
EASE FOR TRAVEL
MDA Reg.No : GA9618422-91832

soma 215
Lightweight Aluminum Wheelchair

- Compact & Ultralight
- Swing-away Footrest



[100041904]
~~RM 899~~ **RM 854** 6 24
MDA Reg.No : GA5627119-34201

MCVEN Q05 16INCH
Lightweight Wheelchair

- Light Weight Aluminium Alloy Frame
- 16" Rear Wheel
- Flip-up Armrest
- Flip-up Legrest



[63984]
~~RM 899~~ **RM 770** 6 24
MDA Reg.No : GMD79630799918A

karma ERGOLITE KM2501
Travel Wheelchair

- Compact & Ultralight
- Aircraft Grade Aluminum Alloy Frame



[100041961]
~~RM 1,789~~
RM 1,699 6 60
MDA Reg.No : GA6765919-33289

KAWAMURA
Portable Wheelchair

- Compact & Ultralight
- Aerospace-Grade Alum Alloy Frame



[100045012]
RM 1,950 6 12
MDA Reg.No : GA8754420-42791

EASY TRANSFER (DAF) WHEELCHAIR

BMATE BB310LAJ-46
DAF Lightweight Wheelchair 24"

- Durable Crossbar Frame
- Premium 4 Brakes
- Flip Back Armrest
- Swing Away & Detachable
- Double Anti-tipper



[10031257]
~~RM 950~~
RM 722 6 12
MDA Reg.No : GA5134623-156989

MCVEN BM3979LFH
Flexi Plus Wheelchair

- Hexagonal Pattern Seat & Backrest
- Seamless Elliptical Frame
- Swing-away & Detachable Footrest



[74528]
~~RM 1,150~~ **RM 950** 6 24
MDA Reg.No : GA8355920-50618

soma AGILE
DAF Wheelchair

- Flip-back Armrest
- Detachable Legrest
- Easy Transfer
- Self-Propelled



[100041938]
~~RM 1,299~~
RM 1,234 6 24
MDA Reg.No : GA4132622-89655

KAWAMURA
Comfort DAF

- Tension Adjustable Backrest
- Comfortable With Extra Cushion
- Detachable Armrest & Footrest



[100045038]
RM 2,345 6 12
MDA Reg.No : GA8754420-42791

karma S-ERGO 125
DAF Wheelchair

- Aircraft Grade Aluminum Alloy Frame
- Flip-Back Armrest
- Detachable Legrest



[100042050]
~~RM 2,000~~
RM 1,900 6 60
MDA Reg.No : GA6765919-33289

COMFORT L2 18-INCHES
Lightweight Wheelchair

- Adjustable Seat Height
- Easy transfer
- Quick-release Rear Wheel

Taiwan Brand
[100186360]
~~RM 3,250~~
RM 2,690 6 60 140 KG MAX. CAPACITY

- Flip Back Armrest
- Detachable Footrest
- Anti-Tipper With Tipping Aid

BEST BUY

Use Together

Cushion For Your Pressure Relief & Comfort



BESTMADE Coccyx Memory Foam Seat Cushion

- Pressure Relief
- Cooling Gel Pad
- Washable Outer Layer

[100057173]
~~RM 199~~
RM 168 PWP
RM 118
With Any Wheelchair Purchase

MOSAIC 18" Cushion with Cover

- Shape Adjustable
- Easy To Adjust
- Cell Height 7cm

[50440]
~~RM 650~~
RM 550
MDA Reg.No : GMD41951983319A

ROHO QUADTRO SELECT[®] HIGH PROFILE[®] 18" Cushion

- Made Of Soft, Flexible Aircells
- Quick And Easy Adjustments
- 4" Cell Height

[70999]
~~RM 2,200~~
RM 1,900
MDA Reg.No : GMD33837925218A

Take Note : 12 24 60 12/24/60 Months Warranty on frame manufacturing defect. 6 6 Months Installment Available.

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| Installment Available For HLB & CIMB Credit Card Holder Only.

RECLINING & POSITIONING WHEELCHAIR

BMATE BB210GC-46
Steel Reclining Wheelchair
24 inch

- Tilt-In-Space
- Foldable & Compact



[100322985]
~~RM 838~~
RM 670

MDA Reg No : GA3808023-156985

karma KM5000
Reclining Wheelchair

- Reclining Back Support
- Elevating Legrest



[54433]
~~RM 3,099~~
RM 2,944

MDA Reg No : GA6765919-33289

karma VIP2
Positioning Wheelchair

- 2 in 1 (Tilt & Recline)
- Tension Adjustable Backrest



[100042134]
~~RM 5,599~~
RM 5,319

MDA Reg No : GA6765919-33289

COMFORT K9

Reclining Wheelchair

- Detachable & Flip Back Swing Armrest
- Detachable Swing Way Elevating Footrest



Taiwan Brand



[00086376] 18-INCHES **RM 2,490**
[100196386] 20-INCHES **RM 2,668**
[1002196048] 22-INCHES **RM 2,850**
[1003196055] 24-INCHES **RM 2,950**

MDA Reg No : GA8509923-12541



KAWAMURA FULL
Reclining Wheelchair

- Reclining Back Support
- Soft & Comfortable
- Adjustable Armrest

* Colour randomly pick.



[100045020]
RM 3,840

MDA Reg No : GA8714420-42791

COMFORT L7 18-INCHES
Aluminum Tilt-in-space
Wheelchair

- Easily Tilt And Recline
- Comfort Air Mesh Upholstery

Taiwan Brand

[10085444]

~~RM 8,034~~
RM 6,695

MDA Reg No : GA8566923-124451



XL & HEAVY DUTY WHEELCHAIR SPECIAL CONDITION

MCVEN BM659XQ
Heavyduty Wheelchair

- Flip Up Armrest
- Detachable Footrest



[74527]
~~RM 1,100~~
RM 850

MDA Reg No : GA1462521-55663

FELCO FMW-21 CHROMED 24 INCH
Extra Bariatric Wheelchair

- Flip Up Armrest
- Detachable Footrest



[74066]
RM 899

MDA Reg No : GA35873477817

COMFORT K7
Aluminum Wheelchair

- Easy Transfer
- Flip-back Armrest
- Detachable Legrest

Taiwan Brand

[100289004]

22-INCHES
RM 3,140

MDA Reg No : GA8358723-123921



ELECTRIC WHEELCHAIR

MCVEN BM430L
Portable Electrical
Wheelchair 8" 16kg

- Flip-up Armrest & Footrest
- Easy Foldable
- Travel up to 20km
- Thick seat cushion



[1003195035]
~~RM 4,623~~
RM 3,699

MDA Reg No : GA10136424-161488

PROLIFE SC-A500
Sowell Electric
Wheelchair Black 15kg

- Flip-up Armrest & Footrest
- Easy Foldable
- Travel up to 15km



[100174713]
~~RM 3,390~~
RM 3,290

MDA Reg No : GA3664723-126865

BES+MADE Advanx Sliding Transfer Board

- 2 Sided Anti-slip Pads
- High Density Polyethylene



[80925]
~~RM 342.90~~
RM 319

MDA Reg No : GA3854021-63644

PWP

RM 225

With Any Wheelchair Purchase

COMMODOE WHEELCHAIR

HOPKIN
Commode Wheelchair

- Chrome Steel Frame
- Fixed Backrest/Armrest/ Footrest
- Comes with Detachable Plastic Seat Tray and Pot



[100156264]
RM 570

MDA Reg No : GA4849722-91090

MCVEN 606LABJ
Commode Wheelchair

- Caring & Comfortable Design
- Foldable Backrest
- Foldable Footrest



[67045]
RM 729

MDA Reg No : GMD39058823415A

COMFORT SL-155-B-606
Aluminum Commode
Wheelchair

- Pu Seat With Front Opening
- Easy Transfer
- Max Capacity 140 Kg



[100186394] 18-INCHES **RM 2,450**
[100186402] 20-INCHES **RM 2,548**

MDA Reg No : GA8154923-125477

COMFORT SL-155B-60624
Aluminum Commode
Wheelchair

- Pu Seat With Front Opening
- Quick-release Rear Wheel
- Easy Transfer
- Max Capacity 140 Kg



[100186410] 18-INCHES **RM 3,280**
[100186428] 20-INCHES **RM 3,315**

MDA Reg No : GA8154923-125477

Take Note : **12 24 60** 12/24/60 Months Warranty on frame manufacturing defect. **6** 6 Months Installment Available.

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RECLINE INTO *Comfort*, ROLL INTO FREEDOM

K9 STEEL RECLINING WHEELCHAIR

Available Size: 18"/20"/22"/24"

Weight Capacity:



140KG (18 & 20 inch)

170KG (22 & 24 inch)



5 ★ ★ ★ ★ ★
YEARS
WARRANTY

Visit our
website



EXTENSION BACKREST

FLIP BACK ARMREST

ELEVATING FOOTREST

ANTI TIPPER WITH ROLLER

CONTROL LEVER

RECLINING RANGE: 140° - 175°

Registered under Act 737 with Medical Device Authority Malaysia
Registration number : GA8509923-125141



POST-DISCHARGE CARE SAFE MOVE MOBILITY AIDS



The maximum weight capacity for commode and shower chair generally is 100kg, unless explicitly stated otherwise.

One-handed Grab Support



HOPKIN
Walking Stick - T-shape
(Black)
[100049949]
RM 28

MDA Reg.No : GA7914922-95180



ANZEN BA33813
Adjustable Walking Stick
[70665]
~~RM 59~~ **RM 42**

MDA Reg.No : GA4965520-38265



ANZEN BA538L1
Foldable Walking Stick
[70666]
~~RM 69~~ **RM 45**

MDA Reg.No : GA7978920-38261



HOPKIN
Foldable Walking Stick
[100056303]
RM 30⁹⁰

MDA Reg.No : GA7914922 - 95180



ANZEN BA1148
Quad Cane
Narrow / Broad Base
[71678 / 70664]
~~RM 89~~ **RM 63-69**

MDA Reg.No : GA8565520-38275



BMATE BB1148
Aluminum Quad Cane
Narrow / Wide Base
[74533 / 74534]
RM 53

MDA Reg.No : GA8502921-53777

Take Note : **12** 12 Months Warranty.

Two-handed Grab Support



BMATE BB118L
Aluminum
Reciprocating Walker
[74536]
RM 109

MDA Reg.No : GA891321-52637



ANZEN BA118L
2 in 1 Walking
Frame
[70660]
~~RM 189~~ **RM 136**

MDA Reg.No : GA7163120-38298



ANZEN BA118LG-5
2 Wheeled Walker
[70661]
~~RM 219~~ **RM 156**

MDA Reg.No : GA4251520-38253



HOPKIN
Rising Walking Frame
[100049995]
RM 130

MDA Reg.No : GA2120722-100701

Walk And Rest



ANZEN BA638
Tripod Cane Seat
[70667]
~~RM 89~~ **RM 70**

MDA Reg.No : GA4489320-38291

For Travel / Prayer / Picnic



GREENCITY C911
Chair Cane /
Praying Chair.
[54995]
RM 82⁹⁰

Injury Support



ANZEN
BA108LM / BA108LL
Shoulder Crutches
Adult / Giant
[70669 / 70703]
~~RM 129~~ **RM 82**

MDA Reg.No : GA4267920-38293



BMATE BB108LM
Alluminum Shoulder
Crutches 1 Pair
[74535]
RM 65

MDA Reg.No : GA8641921-52661



ANZEN BA158L2
Elbow Crutches 1's
[70663]
~~RM 64⁵⁰~~ **RM 41⁵⁰**

MDA Reg.No : GA4468220-38250



HOPKIN
Elbow Crutch Alum
[100049923]
RM 32

MDA Reg.No : GA7914922-95180

SPECIAL !



ANZEN
Folding Hiking Pole
90cm-110cm [100005701]
110cm-135cm [100005719]
~~RM 105~~ **RM 79**

MDA Reg.No : GA4468220-38250



PROLIFE
Aluminium 2 In 1
Rollator
[100066927]
~~RM 520~~ **RM 480**

MDA Reg.No : GA9138622-103794



COMFORT R1
Aluminium Liquid
Frame Rollator

Taiwan Brand

[1002853711]

~~RM 830~~ **RM 779**

MDA Reg.No : GA2878123-150696



COMFORT R2
Aluminium Liquid
Frame Rollator

Taiwan Brand

[1002853886]

~~RM 1,100~~ **RM 1,050**

MDA Reg.No : GA2878123-150696

All these medical devices registered under Act 737

FREE

Service Charge

On The Repair of Anzen
Walking Aids

7 Days

Exchange Return
Guarantee

Exchanges
(For Anzen range only)
1 Session Of Rubber Tip
Within 12 Months

Extended

12
MONTHS
WARRANTY



Exclusive to
SILVERCARE
MEMBERS

*Important Notice : T&Cs Apply. | Delivery charge excluded. | Images are for illustration purposes only. | Installment Available For HLB & CIMB Credit Card Holder Only. | Price subject to change without prior notice. | Price display is Alpro Member Price. | 60 months warranty for Etac brand on manufacturing defect only.

POST-DISCHARGE CARE BATHROOM SAFETY COMMUNE & SHOWER CHAIR



Commode Chair

BMATE BB3358 (100310531)
Steel Folding Commode With Basket
| Foldable |
| Easy storage & transportation |
~~RM 97~~ **RM 65**



MDA Reg.No : GA7919823151039

BMATE BB3458 (100310556)
Steel Commode Chair With Basket
| Foldable |
| Easy carry & storage |
~~RM 140~~ **RM 93**



MDA Reg.No : GA7433623151035

HOPKIN DELUXE Heavy Duty XI Epoxy Comm Chair
| Foldable |
| Easy carry & storage |
(10005945)
RM 310 **227 KG**



MDA Reg.No : GA8337622-100931

HOPKIN Folding Comm Steel
| Foldable |
| Height adjustable |
(100105113)
RM 186



MDA Reg.No : GA8337622-100931

ANZEN BA517L Alum Comm
| Anti-slip handle |
| Foldable & lightweight |
| Height adjustable |
(70704)
RM 288



MDA Reg.No : GA8348520-38277

etac SWIFT Toiletseat Raiser
| Fits Over The Toilet Bowl |
| Height Adjustable |
| Easy Cleaning |
(100045384)
RM 599 **160 KG**



MDA Reg.No : GA2296821-78624

etac HI-LOO with Bracket
| Stable And Comfortable |
| Various Size 6cm & 10cm |
| Secure Fitting |
(100045350)
~~RM 399~~ **RM 355** **150 KG**



MDA Reg.No : GA2296821-78624

MOBILIS CPL-03TLR-001 Toilet Handrail Frame
| Aluminium Framework |
| Adjustable Armrest Height |
| Armrest Detachable |
| 4" Suction Cup |
(100173806)
~~RM 220~~ **RM 210**



MDA Reg.No : GA9531220-38272

ANZEN BA516L Alum Comm Mobile
| 2 safety wheels with locker |
| Foldable |
| Lightweight |
| Height adjustable |
(70709)
~~RM 430~~ **RM 380**



MDA Reg.No : GA9531220-38272

Shower Chair

HOPKIN Alum Shower Chair W/Armrest & Backrest
| Anti-rust material |
| Height adjustable |
(100049899)
RM 144



MDA Reg.No : GA8337622-100931

PROLIFE CPL-798LQ-A Aluminium Shower Chair
| Height adjustable |
| Padded side arms |
| Lightweight Aluminium |
(52699)
~~RM 275~~ **RM 250**



MDA Reg.No : GA4372823-123941

etac SWIFT Shower Chair
| Stable On Any Floor |
| Height Adjustable |
(100045376)
~~RM 790~~ **RM 749** **160 KG**



MDA Reg.No : GA2296821-78624

etac SWIFT Commode
| 3 In 1 Function |
| Height Adjustable |
(100045368)
~~RM 1,150~~ **RM 985** **160 KG**



MDA Reg.No : GA2296821-78624

showerbuddy SB6C Roll-in Buddy Lite Mobile Commode
| Supports Up To 136kg User |
| Adjustable Height |
(100191188)
~~RM 3,360~~ **RM 2,799** **136 KG**



MDA Reg.No : GA5533523-125545

etac EDGE Shower Stool
| Height Adjustable |
| Easy To Assemble |
(100045392)
RM 395 **130 KG**



MDA Reg.No : GA2296821-78624

etac CLEAN Shower Comm
| Fits Over The Toilet Bowl |
| Slim But Roomy |
(100045426)
~~RM 3,900~~ **RM 2,798** **130 KG**



MDA Reg.No : GA2296821-78624

etac CLEAN MOBILE Shower Chair
| Fits Over The Toilet Bowl |
| Easy To Manoeuvre |
(100045442)
RM 4,500 **130 KG**



MDA Reg.No : GA2296821-78624

showerbuddy SB7E Eco Traveler
| Fold Down To Fit In A Carry Bag |
| Ultra-compact |
| Portable |
(100191238)
~~RM 1,950~~ **RM 1,620** **120 KG**



MDA Reg.No : GA6465523-116866

showerbuddy SB6W Roll In Buddy Solo
| Enables Self-maneuvering |
| Designed For Roll-in Showers |
| 136 Kg Weight Capacity |
(100191196)
~~RM 3,850~~ **RM 3,200** **136 KG**



MDA Reg.No : GA5533523-125545

showerbuddy Roll-in Buddy XL Bariatric Comm
| Highly durable, lifetime warranty frame |
| Excellent choice for larger individuals | 22/ 26" seat width |
(100191204) **RM 3,315** **200 KG**
(100191212) **RM 4,260** **200 KG**



MDA Reg.No : GA5533523-125545
MDA Reg.No : GA5533523-125545

SUPPORT UP TO 200KG

Transfer Chair

MOBILIS MO-890 Nursing Transfer Comm Chair
| Height adjustable |
| Capacity 120kg |
(80759)
~~RM 2,800~~ **RM 2,500**



MDA Reg.No : GA4933721-58038

MOBILIS MC890-A Height Adjustable Comm Transfer Chair
| Dual Hydraulic Lift System |
| Capacity 100kg |
(100170687)
~~RM 3,000~~ **RM 2,700**



MDA Reg.No : GA4933721-58038

Tilt-In-Space Shower Chair

showerbuddy SB3T Roll In Bath Shower Commode Chair With Tilt
| Comfortable Showering Experience |
| Better Access During Bathing |
| Infinite Positioning |
(100191147)
~~RM 6,480~~ **RM 5,399** **250 KG**



MDA Reg.No : GA5533523-125545

MOVEN BM6026L Tilt-in-space Shower Commode Chair
| Suitable For Mobility Impaired User |
| Easy Transfer |
| Comfortable And Safe Bathing |
(100062900)
~~RM 1,600~~ **RM 1,485**



MDA Reg.No : GA2774322-97076

COMFORT LY-158-A Multi-function Shower Commode Wheelchair
| Aluminum Tilt Shower/Commode Chair |
| Reduce Pressure From A Seating Position |
| Truck Support For Body Balance |
(100198436)
~~RM 7,450~~ **RM 6,200** **160 KG**



MDA Reg.No : GA8598323-123913

Take Note :



24/60 Months Warranty On Manufacturing Defect



Lifetime Warranty On Frame

All these medical devices registered under Act 737

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Price subject to change without prior notice. | Price display is Alpro Member Price, 160 months warranty for Etac brand on manufacturing defect only.

TRADE - OLD - PROSPER!

shower**buddy**®

SB7E

Eco Traveller
100191238



Grade 304
Stainless Steel Parts
& Hardware



No Rust
Premium Aluminium
Frame (6061 T6)



Lifetime Warranty
Against Corrosion

Registered under Act 737
with Medical Device Authority Malaysia
Registration number : GA6465523-116866



**RM200
REBATE**

TRADE ANY COMMODE WHEELCHAIR !



>>>> Get Your Trade-in Program In 2 Steps

Contact us

1



Or approach any
Alpro pharmacy outlets.

2

Make Payment
& Collect Your

**NEW SHOWER
COMMUNE
CHAIR!**



“ Dah lama atau rosak?
Trade in jer,
 Dapat yang baru! ”



UP TO
RM 150
REBATE



*While stocks last.

Get Your Trade-in Program In 3 Steps

1

Text or Call Us

To quote the trade-in value of your old wheelchair.

Or Directly Bring Your wheelchair to Any Alpro Pharmacy Outlets.

019 - 984 2923

2

Choose one of the wheelchairs



[100322981] / [63984]
 Movon BMQ05
 Lightweight Wheelchair

Rebate Up to RM100



[100323211]
 Movon BM009D
 Lightweight
 Wheelchair 20"

Rebate Up to RM150



[100285030]
 Comfort L1-612
 Transport
 Wheelchair



[74528]
 Movon BM3979LFH
 Flexi Plus DAF
 Wheelchair

Rebate Up to RM200



[100288901]
 Movon Prime Custom S
 Aluminium Wheelchair
 24 Inch

Rebate Up to RM250

3

Made payment & collect your New Wheelchair!!!

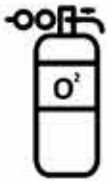


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POST-DISCHARGE CARE BREATHE EASY ONLY IN ALPRO

PRICE DISPLAY IS
ALPRO MEMBER PRICE



**Oxygen Supply
Sales &
Rental Service**

ACCURO Oxygen Concentrator
AR-5-N (5L/MIN)
Dual Functionality
24/7 Operation

(100263068)

12 **60**
~~RM 4,500~~
RM 3,999

MDA Reg.No : GB1041723-141876

YUWELL Oxygen Concentrator
(8F-5AW)
Supply oxygen continuously.

(80550)

12
~~RM 4,500~~
RM 3,500

MDA Reg.No : GB5929419-34859

YUWELL Oxygen Concentrator
7F-10 (10L/MIN)
Supply oxygen continuously.

(73573)

12
RM 6,740

MDA Reg.No : GB5929419-34859

HUMIOXY Portable Oxygen Concentrator
(5L/MIN)
Indoor & outdoor supply oxygen with dose pulse.

(71348)

12
OUTDOOR
RM 9,000

MDA Reg.No : GB8793420-38468

SEAMLESS STEEL Cylinder Oxygen Tank
SET 10L
Exist in difference sizes for emergency oxygen supply.

(61578)

6
Emergency Use
RM 980



BERRY Pulse Oximeter BM1000C
Detect oxygen level and heart rate.

(64450)

36
Oxygen Therapy Must Use
RM 99

MDA Reg.No : GC1470622-89555



Accessories

Humidifier Bottle
To moisten the air coming out from oxygen tank/oxygen concentrator.



Oxygen Tank Regulator
To regulate delivery of oxygen from oxygen tank.



MDA Reg.No : GC4490623-12210

Nasal Cannula
To ease the delivery of oxygen into lungs via nose.



Suction Catheter
Use together with suction pump to remove thick mucus.



Oxygen Mask
To ease the delivery of oxygen into lungs via nose and mouth.



Breathing Care

YUWELL Suction Pump
7E-C
Helps to remove excessive mucus in airway.

(54836)

~~RM 600~~
RM 518⁹⁰

MDA Reg.No : GB10439221-54335

ANGELBISS Suction Pump
Helps to remove excessive mucus in airway.

(66985)

RM 500

MDA Reg.No : GB718071343610

YAMIND DM28-25SA-BP BIPAP
Breathing therapy devices

(100326347)

~~RM 7,200~~
RM 6,300

MDA Reg.No : GB9478823151745



Nebulizer

ROSSMAX Compact Nebulizer NB60
Turning liquid medicine into fine mist for patients to inhale.

(100144385)

RM 295

MDA Reg.No : GB5296133817

APEX Miniplus Nebulizer
Lightweight & convenient. Turning liquid medicine into fine mist for patients to inhale.

(64751)

RM 268

MDA Reg.No : GB10452320-46918



APEX MobiMesh Nebulizer
Palm Size nebulizer for outdoor use. Suitable for frequent traveller.

(55899)

RM 378

PORTABLE

MDA Reg.No : GB10476120-46946



ANGELBISS Valve Holding Chamber
Makes a metered-dose inhaler easy to use. Suitable for children and the elderly.

Infant (68091)
Child (68090)
Adult (68079)
RM 60

MDA Reg.No : GMD71231669618A



Take Note :

**7 DAYS
RETURN POLICY**

6 6 Months Installment Available.

12 12 Months Installment Available.

36 36 Months Warranty.

60 60 Months Warranty.

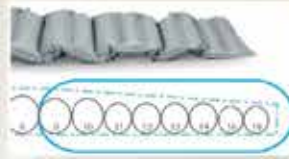


All these medical devices registered under Act 737

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice | Price display is Alpro Member Price. |

| Installment Available For HLB & CIMB Credit Card Holder Only.

COMFORT and SAVINGS PERFECTLY COMBINED



HEEL SLOPE

Allow the pad to fill in the space behind the Achilles tendon to distribute pressure over the entire lower legs, reducing the risk of heel breakdown.



ANTI-SLIDING EXTENSION FLAP

Prevent ripple mattress from sliding



ADJUSTABLE HANGERS

Can secure control unit to fit most of beds.



WEIGHT INDICATOR REFERENCE

To facilitate optimized pressure setting.



- Weight capacity ≤120kg
- 9.6 minutes operating cycle
- Alternating mode
- 4.3kg weight pump + mattress

Recommendation Treatment Usage for Stage 1-2 Pressure Ulcer

Normal	stage 1	stage 2	stage 3	stage 4



DOMUS 2s

Registered under Act 737 with Medical Device Authority Malaysia. Registration number : GMD25608743576A



Prepared by:
Ms. Pearly, Physiotherapist



STOP THE PRESSURE

What Are Pressure Ulcers?

Pressure ulcers, or bedsores occur due to prolonged pressure, shearing force or friction in the same region, causing reduced blood flow to your skin.

Lacking blood flow can cause the skin cells to die in as fast as 2 hours! As the dead cells break down, a pressure ulcer injury form.

Pressure Ulcers: Symptoms and Risk Factors

Pressure ulcers, commonly known as bedsores, occur when sustained pressure on the skin reduces blood flow. Here's what you need to know.

Symptoms to Be Aware Of:

- **Skin Changes:** *Unusual color or texture.*
- **Swelling:** *May indicate problems.*
- **Drainage:** *Pus-like fluid.*
- **Temperature Changes:** *Cooler or warmer areas.*
- **Tender Spots:** *Sensitive areas.*

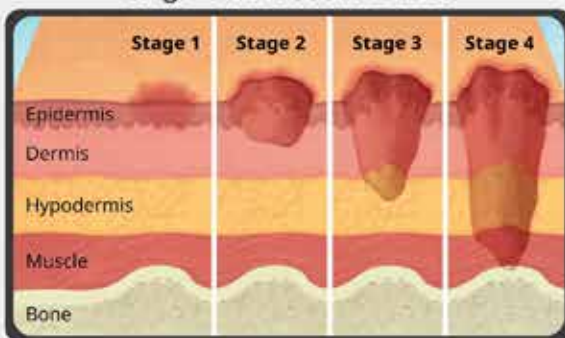
Who is at Risk?

Individuals at higher risk include:

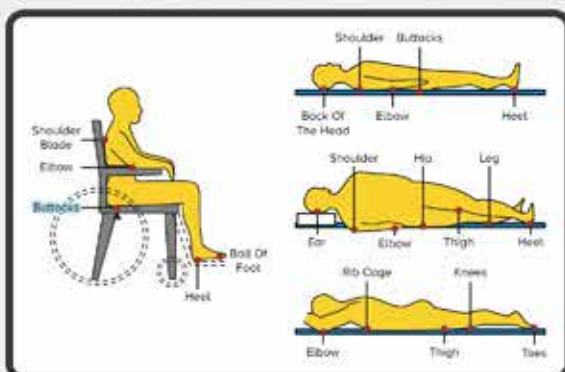
- **Older Adults:** *Skinny*
- **Bedridden Individuals:** *Limited mobility.*
- **Comatose Patients:** *Unable to move.*
- **People with Paralysis:** *Difficulty shifting positions.*
- **Frequent Wheelchair Users:** *Prolonged sitting.*
- **Those with Casts or Splints:** *Increased pressure points.*

Recognizing these signs and understanding risk factors can help prevent pressure ulcers.

Stage Of Pressure Ulcer



Pressure Ulcer Common Sites

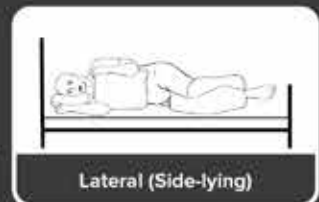
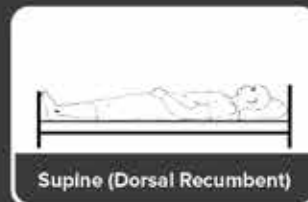


Pressure Ulcer Prevention

The first step in preventing pressure ulcers is to reduce the pressure and friction that can cause them. Here are some effective methods:

1. **Use Support Surfaces:** Utilize special mattresses, beds, or cushions that help protect fragile skin while sitting or lying down.
2. **Maintain Good Hygiene:** Moisture from sweat, urine, or feces can weaken the skin and increase the risk of sores. Use highly absorbent diapers, keep the skin dry and clean, and regularly check for redness at pressure points.
3. **Reposition Regularly:** Change the patient's position every two hours to relieve pressure. Additional cushions or special devices can help alleviate pressure points.
4. **Ensure Adequate Protein Intake:** Proper nutrition, especially protein, is essential for healthy skin and speeding up wound healing.

Patient repositioning can be done in different ways, such as:



Is there a better alternative to strenuous manual repositioning? **Yes!**

Manual repositioning can be exhausting and time-consuming for caregivers, and it raises the risk of lower back injuries if proper handling techniques are not used.

Worried About Pressure Ulcers?

Why It Matters?

Pressure ulcers can lead to serious infections, costing time and money to heal.

Discover the Ripple Mattress:

Your Solution For Pressure Ulcers

The ripple mattress is here to help! This innovative air mattress uses alternating pressure to relieve pressure points and prevent sores.

Choosing the Right Ripple Mattress

Here's how to select the best one:

- **Define Your Goal:** *Prevention or treatment?*
- **Check Weight Capacity:** *Ensure it supports your needs.*
- **Prioritize Safety:** *Look for safety certifications.*

Special Promotion

Invest In Comfort And Protection For Your Loved Ones. Buy Now!



Buy any Apex product:

- Domus 2 Tubular
- Domus 3 Tubular
- Domus Auto Tubular

Get a **FREE** Anti-Embolism Stocking!



Refer to the next page for details.



PRICE DISPLAY IS
ALPRO MEMBER
PRICE

POST-DISCHARGE CARE SAFE SLEEP HOSPITAL BED



HOMECARE BED

MOVEN Electric Homecare Bed

[100307040]

- | Multiple Functions |
- | Portable | Lightweight |

RENTAL Option Is Available:
As Low As **RM150**/ Month.
Refer Page 56



RM 4,300 **12**

COMFORT Electric Homecare Bed

[100044973]

- | Luxurious Design |
- | Adjustable Sleeping Position |
- | Germany Motor System |



~~RM 5,000.~~
RM 4,750

PRE-ORDER

*Mattress Included.

MANUAL HOSPITAL BED

HOPKIN Manual DOUBLE-CRANK BED

- | Adjustable position for head and feet |
- | Collapsible siderail |
- | Non-height adjustable | 3" mattress |

[68769] + [67236]



RM 1,960 **12**

Mattress Included

MDA Reg No : GA8889722-94070

MOVEN

*3 Functions Manual Bed B-S331LN

- | Adjustable bed height |
- | Adjustable position for head and feet |
- | Collapsible siderail | 3" mattress |

[66801] + [70137]



~~RM 3,600.~~ **RM 2,950** **12**

Mattress Included

MDA Reg No : GMD57430969219A

***7 DAYS**
Return Policy

MANUAL HOSPITAL BED

HOPKIN Manual Triple Crank Care Bed

- 3 Functions Manual Bed
- | Adjustable bed height |
- | Adjustable position for head and leg |
- | Collapsible side rail | 3" mattress |

[71565] + [67236]



RM 2,590 **12**

Mattress Included

MDA Reg No : GA8889722-94070

ELECTRIC HOSPITAL BED

HOPKIN Electric Care Bed 3 Func Ultra Low

- | Adjustable position for head and feet |
- | Collapsible siderail | 3" mattress |

[68374] + [67236]



~~RM 4,798.~~ **RM 3,940** **12**

Mattress Included

MDA Reg No : GA1581021-7856

Take Note : **12** 12 Months Installment Available. **12** 12 Months Warranty for Motor.

All these medical devices registered under Act 737

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice | Price display is Alpro Member Price. |
| Installment Available For HLB & CIMB Credit Card Holder Only. | Please consult your doctor for the interpretation of results and diagnosis. |

RIPPLE MATTRESS

APEX
Esa bu a health by life

12 MONTHS WARRANTY

APEX DOMUS 1, Bubble
| 2.5" height bubble cells |
| Medical Grade PVC |
| Suitable for prevention |

[52553]

~~RM 450~~ **RM 350**

MDA Reg.No : GMD25608743518A



APEX DOMUS 2S, Tubular
| 5" height with heel slop |
| Alternating function |
| One-piece medical grade PVC mattress |

[10042674E]

~~RM 780~~ **RM 650**

MDA Reg.No : GA6296720-42801



APEX DOMUS 2, Tubular
| Pillow Function | Nylon/PU Cover |
| CPR quick release tab |
| Ventilated low-air-loss |
| Weight indicator reference |

[53166]

~~RM 1,299~~ **RM 1,250**

MDA Reg.No : GMD25608743518A

Biocompatibility



Water Resistance



Flame Retardant



Vapour Permeable



FREE X1

Anti-Embolism Stocking

APEX DOMUS 3, Tubular
| Suitable for high risk pressure injury |
| 5" height mattress |
| Superior medical grade |
| Dual therapy modes |

[80202]

~~RM 4,200~~ **RM 3,650**

MDA Reg.No : GA6296720-42801



FREE X1

Anti-Embolism Stocking

APEX DOMUS AUTO, Tubular
| Suitable for medium to high risk patient |
| Automatic pressure relief system |
| Multiple therapy modes for better patient care |

[1001855]

~~RM 8,500~~ **RM 7,500**



FREE X1

Anti-Embolism Stocking

MOVEN Hospital Bed FOLDABLE PU MATTRESS
3 FOLDS
| Use for hospital bed |
| Nursing bed |
| Good ventilation make comfortable |

[70137]

3 INCHES
RM 300

[69969]

4 INCHES
RM 400



HAPPI HI-DENSITY Support Mattress
| 4" thickness mattress |
| 100% first hand material |

[72467]

~~RM 650~~
RM 550

PWP
RM 480

With Rental/Purchase Hospital Bed



EXTRA TIPS



Body repositioning every 2 hours.

Must use TED Stocking

To improve blood circulation & reduce chance of blood clot at the leg due to immobility.

UGOKU UA-010 Anti-Embolism Stocking

Size:

XS (70835)
S (71310)
M (71311)

L (71312)
XL (71313)
XXL (71314)

~~RM 79~~
RM 59



MDA Reg.No : GA6357820-40765

FREE X1

Homecare Assessment Visit by Doctor / Nurse **With Purchase APEX Ripple Mattress & Hospital Bed**

Applicable only in selected regions of Klang valley and Seremban.

Take Note : **6** 6 Months Installment Available. **12** 12 Months Installment Available.

All these medical devices registered under Act 737

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POST-DISCHARGE CARE BEDRIDDEN RELATED SUPPORT

PRICE DISPLAY IS
ALPRO MEMBER PRICE

FAMICA Safety Bedrail

- | Easy Installation |
- | Easy Access |
- | Height Adjustable

[00044965]



RM **399**

PROLIFE MO-BR03 Bed Assist Bar

- | Height adjustable legs & grip bar |
- | Helps users get in and out of bed |

[73573]



RM **250**

PROLIFE Electric Patient Hoist (LW06201)

- | Electric operated |
- | Easy to transfer |
- | Patient Lifter |

[100178190]



Max. Weight 150kg

~~RM 4,750~~
RM **4,500**

MDA Reg.No : GA6655922-105086

HOPKIN Over bed table

- | High adjustable |
- | Multi-purpose table |
- | Steel frame with H leg |
- | Laminated top |

[71679]



RM **269**

MOBILIS Bed Wedge Pillow

- | Strong support |
- | Spread the pressure |
- | Comfortable fit |
- 60 x 25 x 20cm (L x W x H)

[00203769]



~~RM 55~~
RM **49⁹⁰**

HOPKIN Adj Bed Backrest

- | Sturdy metal frame |
- | Five easily adjusted angles |
- | Folds easy to store and transport |

[100051927]



RM **103**

PROLIFE HCR-USC Waterproof Turnover "U" Shaped Cushion

- | Relieve the difficulty of nursing excretion |
- | Change position easily |
- | Assist rehabilitation exercise |

[100168228]



RM **69**

COVIDIEN SHILEY Tube Tracheostomy Tube Cuff With Inner Cannula

- | For pulmonary hygiene |
- | directs breathing through upper airway |

[62356]



RM **240⁶⁰**

SILICONE Stomach Tube For Single Use Ryles Tube

Sizes:

- 8FR [65870]
- 10FR [61321]
- 12FR [56315]
- 14FR [65871]
- 16FR [66235]
- 18FR [67147]



RM **38**

Ryles Tube Nasogastric Tube

- | Used for nasogastric introduction |
- | Nutrition & aspiration |
- | Sterile & Latex-free |

Sizes:

- 8FG [33354]
- 10FG [42158]
- 12FG [33358]
- 14FG [33355]
- 16FG [33356]
- 18FG [33357]



RM **350**

Two-way Foley Catheter

- | Collects urine |
- | Urinary incontinence |
- | Partially flexible tube |

Sizes:

- 12FR [43690]
- 14FR [43691]
- 16FR [43692]
- 18FR [43693]
- 20FR [518570]



RM **4**

Male External Catheter Condom Catheter x 1's

- | Natural rubber latex |
- | Flexible sheath |
- | Urinary incontinence |

Sizes:

- S - 25mm (w) [66028]
- M - 30mm (w) [66029]
- L - 35mm (w) [66030]



RM **2**

Urine Bag 2L

- | Collection & temporary storage of urine |
- | To urinary incontinence user |

[51964]

T-Valve



RM **260**

Plastic Urinal Male / Female

- | Pass urine on bed without spillage |

[33143]



RM **12⁹⁰**

MDA Reg.No : GMD1490855878A

MOBILIS CPL-BP-C Bedpan With Cover

- | Movement on the bed without spillage |
- | Patients difficulty to move lower body |

[70939]



RM **25⁵⁰**

MDA Reg.No : GMD1490855878A

MOBILIS MO611B Basic Bed Pan

- | Movement on the bed without spillage |
- | Patients still can move lower body |

[74587]



RM **21⁴⁰**

MDA Reg.No : GMD1490855878A

Take Note : **12** Months Warranty On Manufacturing Defect

All these medical devices registered under Act 737

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| Installment Available For HLB & CIMB Credit Card Holder Only.



PRICE DISPLAY IS
ALPRO MEMBER PRICE

POST-DISCHARGE CARE GET WELL SOON RECOVERY SUPPORT

FOR RECOVERY USE



[71783]

ANZEN
Digital Mini Gym Bike
For muscle weakness.
To prevent joint stiffness
and promote blood
circulation.

~~RM 159⁹⁰~~
RM 129⁹⁰

MDA Reg No : GA920420-3826

DURABAND
Exercise Band 1.5M
Different Color Different Strength.

RED	GREEN	BLUE
LIGHT	MEDIUM	HEAVY
0.2MM	0.25MM	0.3MM

[75260] [300001940] [75259]

RM 12⁹⁰



[33518]

MEDINET
Respirogram
Spirometer
Help to
strengthen
respiratory
musculature



RM 45

MDA Reg No : GA7507220-48785

[74522]

UGOKU
Therfit Ball
RM 29

Different Color Different Resistance

PINK	BLUE	GREEN	ORANGE
EXTRA SOFT	SOFT	MEDIUM	FIRM
BU-2088	BU-2089	BU-3288	BU-4088

[73454] [73455] [73456] [73457]

MDA Reg No : GA7507220-48785

[74522]

UGOKU
Armsling
UA-012
Adjustable
Shoulder
Strop
RM 19



MDA Reg No : GA4716721-57414

UGOKU PE Finger Splint
UF-013
For sustain the finger in
good position.



Size: S [74517] L [74519] **RM 14**
M [74518] XL [74520]

MDA Reg No : GA7371821-55833

FOR PAIN MANAGEMENT USE

[58661]

APEX
Comtens-III
For pain relief



~~RM 328~~
RM 268

12

MDA Reg No : GB5328420-46613

[74426]

UGOKU
Ice & Hot Therapy
Bag BU-905



~~RM 52⁹⁰~~
RM 45

MDA Reg No : GA9229721-52621

UGOKU
BU-5027L
Therapack
Hot / Cold



SIZE: M / L
[74424 / 74425]

RM 26 - RM 28

MDA Reg No : GA7517921-52327

[73489]

ATROFLEX Gel
100ML
For joint and muscle



RM 59⁹⁰

MDA Reg No : GA7517921-52327

FOR PREVENTION USE

UGOKU
Anti-embolism Stocking
UA-010

- Reduces the formation of thrombosis.
- Suitable for post-surgery and bedridden.

Size: XS [70835] L [71312] ~~RM 79~~
S [71310] XL [71313] **RM 59**
M [71311] XXL [71314]



MDA Reg No : GA6357820-40765

UGOKU
Thigh-high Compression Stocking
UA-017BK

- To prevent varicose veins.
- Suitable for long sitting or standing hour, pregnant woman & travelling.

BEIGE BLACK
Size: S [74508] S [74503] ~~RM 120~~
M [74509] M [74504] **RM 95**
L [74510] L [74505]
XL [74511] XL [74506]
XXL [74512] XXL [74507]



MDA Reg No : GA8927621-57430

Take Note : 12 12 Months Warranty.

All these medical devices registered under Act 737

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| Installment Available For HLB & CIMB Credit Card Holder Only.



PRICE DISPLAY IS
ALPRO MEMBER PRICE

POST-DISCHARGE CARE HEAL FAST WOUND CARE



HYGIENE



AGBAC NANO SILVER (71599)
Disinfectant
150ML



✓ Safe For Kids
✓ 24 Hours Protection

~~RM 45.88~~
RM 16.90



AGAINST 24 (56882)
Disinfectant Spray
100ML



✓ Safe For Kids
✓ 24 Hours Protection

~~RM 39.90~~
RM 26.90



HANDGUARD
Antibacterial Hand Wash
500ML

Bergamot (72212)

Rosemary (72211)



~~RM 9.90~~
RM 6.50

WASH



VIGILENZ HYDROCYN (53149)
Aqua Wound Care
100ML



RM 8.50

RINSCAP NS SODIUM
Chloride 0.9% W/V



RM 8 **RM 5.90**

VIGILENZ HYDROCYN
Aqua Wound Care



RM 30 **RM 16.50**

DERMACYN (19630)
Wound Care
500ML



RM 37

APPLY FIRST AID



HANSAPLAST (100059195)
Wound Healing
Ointment
50G



RM 19

DR WOUND (73849)
Bioheal Gel First Aid
20ML



RM 38

SKIN FIX (59680)
Cream
20G



RM 30.50

3 LEG (54596)
Povidone Iodine
30ML



RM 3.90

CHRONIC WOUND



DR WOUND PACK (73985)
Nano Silver Spray
100ML + Bioheal Gel
60ML



RM 219

MEDIHONEY GEL (63370)
44ML



RM 82.60

CAVIDAGEL AG (62412)
30G



RM 42

S&N INTRASITE (12473)
Gel Hydrogel Dressing
15G 1S



RM 32.90

COVER



UNIGLOVES
Non Woven Gauze Swab
100'S



[41575 / 65703 / 65704]
5x5cm / 7.5x7.5cm / 10x10cm
RM 3 RM 5 RM 9

S&N MELOLIN LOW
Adherent Absorbent Pad
5'S



[12471 / 12472]
5x5cm / 10x10cm
RM 9.70 RM 12.90

DUODERM (60352)
Extra Thin (187955)
10X10CM 10'S
(Loose Pack Available)



RM 64.90

AQUACEL AG+ EXTRA (60358)
10X10CM (413567) 10'S
(Loose Pack Available)



RM 255

HOLD



UNIGLOVES (765544)
TRANSPARENT
Film Dressing-Roll
10CM X 10M 1S



RM 8.50

3M MICROPOR
BOX (Adhesive Tape) 1S

3" X 10YD [744625]
2" X 10YD [744952]
1" X 10YD [744624]
0.5" X 10YD [744623]



RM 2.10 — RM 12.50

UNIGLOVES
Self Adhesive Bandage

2.5CMX4.5M [765708]
5CMX4.5M [749944]
7.5CMX4.5M [755902]
10CMX4.5M [765709]



RM 5 — RM 9.50

*Important Notice : T&Cs Apply. | Delivery charge excluded. | Images are for illustration purposes only. | Installment Available For HLB & CIMB Credit Card Holder Only. | Price subject to change without prior notice. | Price display is Alpro Member Price. |

NEW
AMMELTZ
YOKO YOKO
GOLD

Contain Approximately

4X

Pain Relief
Ingredients™



NECK & SHOULDER PAIN



LOW BACK PAIN



JOINT PAIN



MUSCULAR ACHE



MAL18116051X



**Compared to KOBAYASHI Pharmaceutical's product NEW AMMELTZ YOKO YOKO
This is a medicine product advertisement.
KKLIU: 2487 / EXP 31.12.2025
Tarikh Tamat Tempoh: 31 Disember 2025

Air-Activated Heat Patch
疼痛纾缓暖包贴

AMMELTZ
YOKO YOKO

Having Period Pain?
Menstrual Pain Relief
for Women Every Month



Improves Blood Circulation



Up to 8 Hours Relief



Stable temperature



GMD9754998717A



Registered under Act 737. MDAMD 0422/2022

Analgesic cream
AMMELTZ
YOKO YOKO
MASSAGE CREAM

MASSAGES AWAY PAIN
Non-Greasy Cream Relief



ARMS AND WAIST



THIGHS AND CALVES



MUSCULAR ACHE & PAIN



SPRAIN



MAL17025028XC



This is a medicine product advertisement
KKLIU: 3128 / EXP 31.12.2025



PRICE DISPLAY IS
ALPRO MEMBER PRICE

reli-able BATHROOM SAFETY SET-UP



WHY GRAB BAR ?

"Bathroom Safety For Your Loved One."



MDA Reg.No : GA8754120-5147

reli-able
GRAB BAR BA2098

Size : 14 inches [71030]

RM 98

Size : 18 inches [71031]

RM 128

Size : 24 inches [71032]

RM 158

NYLON STAINLESS STEEL



MDA Reg.No : GA8754120-5147

reli-able
GRAB BAR BA0298

Size : 12 inches [71029]

~~RM 89~~ **RM 68**



POLYPROPYLENE



MDA Reg.No : GA8754120-5147

reli-able
HANGING SHOWER SEAT BR2488

RM 398

NYLON STAINLESS STEEL



MDA Reg.No : GA8754120-5147

reli-able
FLIP-UP GRAB BAR BR0098-3

RM 298

NYLON STAINLESS STEEL



MDA Reg.No : GA5936421-56565

reli-able
SHOWER SEAT WITH LEG BR9888

RM 298

NYLON STAINLESS STEEL



MDA Reg.No : GA8754120-5147

reli-able
U-SHAPED GRAB BAR BA1098-3

RM 328

NYLON STAINLESS STEEL



Registered under act 737

*While stock last

FREE (For Alpro Member Only)

Anti-Slip Mat
*For Any Purchase Of RM250 And Above.



SAVE MORE

For 3 Items
Get Package Price

12 Months

Warranty

Extended

12 MONTHS WARRANTY



Exclusive to
SILVERCARE MEMBERS



**5X Absorbency
Instant Dryness**



**Breathable
System**



**Ultra Soft
Surface**



**Odour
Control**



**Wetness
Indicator**



**MEDI+ UNISEX ADULT DIAPERS
LOYALTY PROGRAM**
FOR SILVERCARE MEMBER ONLY



**GET 1 STAMP
WITH EVERY PURCHASE
OF MEDI+ ADULT DIAPERS**



VALID UNTIL : 30 APR 2025



Recommended By
The Malaysian Society
Of Rehabilitation

PRICE DISPLAY IS
ALPRO MEMBER
PRICE

POST-DISCHARGE CARE CLEAN & EASY DIAPER & UNDERPAD



NEW!

MEDI LITE UNISEX 10S

Size / Waist :
M / 76 - 114cm
[100303437]

~~RM 20⁸⁰~~
RM 17⁵⁰

Absorbency: ●●●●●●●●○○○

MEDI LITE UNISEX 10S

Size / Waist :
L / 102 - 140 cm
[100303445]

~~RM 26⁸⁰~~
RM 21⁵⁰

Absorbency: ●●●●●●●●○○○

MEDI LITE UNISEX 10S

Size / Waist :
XL / 127 - 165 cm
[100303452]

~~RM 29⁹⁰~~
RM 25⁵⁰

Absorbency: ●●●●●●●●○○○

BEST SELLER

MEDI PREMIUM UNISEX 10S

Size / Waist :
M / 77 - 115 cm
[100067636]

~~RM 34⁶⁰~~
RM 29⁶⁰

Absorbency: ●●●●●●●●●●○○○

MEDI PREMIUM UNISEX 10S

Size / Waist :
L / 90 - 127 cm
[100067644]

~~RM 38³³~~
RM 33⁵⁰

Absorbency: ●●●●●●●●●●○○○

MEDI PREMIUM UNISEX 10S

Size / Waist :
XL / 102 - 165 cm
[100199728]

~~RM 43⁸⁰~~
RM 36⁵⁰

Absorbency: ●●●●●●●●●●○○○

ABSORBA Conti-Fit PLUS

Size / Waist :
M / 60-120 cm [100324151]

RM 18⁶⁰

Absorbency: ●●●●●●●●○○○

ABSORBA Nateen SUPER Cloth-air

Size / Waist :
M / 95 - 125 cm [70169]
L / 115 - 150 cm [70168]
XL / 130 - 175 cm [70167]

~~RM 24⁹⁰~~ **RM 31⁹⁰**

Absorbency: ●●●●●●●●○○○

ABSORBA Nateen SUPER

Size / Waist :
M / 60 - 120 cm [64209]
L / 80 - 160 cm [64210]
XL / 100 - 170 cm [65054]

~~RM 30⁸⁰~~ **RM 35⁸⁰**

Absorbency: ●●●●●●●●○○○

ABSORBA Pro-DRY Pants

Size / Waist :
M (10s) / 80 - 120 cm [100438373]
L (9s) / 100 - 135 cm [100438415]
XL (8s) / 110 - 150 cm [100438423]

RM 18⁶⁰

Absorbency: ●●●●● ○○○

ABSORBA Pro-NITE Premium Pants

Size / Waist :
M (11s) / 60 - 120 cm [100438431]
L (10s) / 110 - 150 cm [100438449]
XL (9s) / 120 - 160 cm [100438456]

RM 32⁸⁰

Absorbency: ●●●●●●●●○○○

ABSORBA AFINA Adult Pants 10'S

Size / Waist :
M 10S / 60 - 120 cm [73275]

RM 19⁸⁰

Absorbency: ●●●●●●●●○○○

ABSORBA AFINA Adult Pants 9'S

Size / Waist :
L 9S / 115 - 150 cm [73276]

RM 19⁸⁰

Absorbency: ●●●●●●●●○○○

ABSORBA AFINA Adult Pants 8'S

Size / Waist :
XL 8S / 100 - 160 cm [73277]

RM 19⁸⁰

Absorbency: ●●●●●●●●○○○

*Important Notice : T&Cs Apply. | Delivery charge excluded. | Images are for illustration purposes only. | Installment Available For HLB & CIMB Credit Card Holder Only. | Price subject to change without prior notice. | Price display is Alpro Member Price. |



TENA VALUE
Size / Waist :
M / 81 - 112 cm
L / 114 - 147cm
[00046028]
[00046036]



Absorbency:

TENA SLIP SUPER
Size / Waist :
M / 71 - 122 cm
L / 91 - 144cm
[31023]
[12108]



RM 26⁸⁸ - RM 31⁸⁰
Absorbency:

TENA Proskin Pants PLUS
Size / Waist :
M / 80 - 110 cm [57553]
L / 100 - 135cm [13327]
XL / 120 - 160cm [33923]



RM 28⁷⁰ - RM 37⁹⁰
Absorbency:



DR.P by TENA
Size / Waist :
M / 81 - 112 cm [6389]
L / 114 - 147cm [6300]
XL / 127 - 157 cm [6391]



RM 16
Absorbency:

HICARE Pants Extra
Absorb 10S
Size / Waist :
XXL / 146 - 178 cm
[100154251]



RM 25⁵⁰
Absorbency:

HICARE Adult Diapers
Extra Dry 10S
Size / Waist :
XXL / 103 - 180 cm
[100154202]



RM 25⁵⁰
Absorbency:

UNDERPAD

MEDI Underpad
75cmx75cm 10S
[70099]



PROTECT BEDSHEET

RM 14⁵⁰

ABSORBA Nateen SOFT
Underpad
75cmx75cm 10S
[64271]



RM 14⁸⁰

PROTECT BEDSHEET

TENA Underpad
60cm X 75cm 8S
[11326]



RM 13¹⁰

WIPES

MEDIWIPES
Adult Wipes 40S
[69932]



RM 6⁵⁰

MEDIWIPES
Anti-bacterial
Wipes 40S
[78731]



~~RM 12⁹⁰~~
RM 10⁹⁰

KILLS 99.9% GERMS

TENA
Wet Wipes 40S
[44638]



RM 7⁵⁰

CREAM

DD DIAPER CREAM 15ML
Solution for Soothing,
Relief, Protect.
[100212158]



RM 12

PWP

Buy 2 packs of MEDI diapers
(Medi lite or Medi premium)

~~RM 12~~ RM 5⁹⁹

SUDOCREM
Nappy Rash CR 125G
Prevents and
treats nappy rash.
[79996]



~~RM 33⁸⁵~~
RM 25⁹⁰

ESENTIEL
Adult Diaper
Rash Cream
150G
[29836]



~~RM 29⁹⁰~~
RM 28³⁰

EXTRA TIPS ABOUT DIAPER

3 Features That A Good Diaper Should Have :

1



Wetness Indicator
Let you know it may be
time for a diaper change.

2



Leak Guard Protection System
Provide leakage protection even with
frequent movement.

3



Good Absorbency
For excellent absorption capacity and
fluid retention to maintain the dryness.

DO NOT FORGET TO PREPARE!



Diaper Cream
To protect the
skin from urine
irritation.



Underpad
To protect the
bedsheet from
wetting due to
urine leakage.



扫码学习



Imbas & Belajar

Scan and learn
how to change
a diaper.



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ABSORBA™ CONTI-FIT PLUS



CLOTH-LIKE



ABSORBA™ CONTI-FIT PLUS
(Cloth-like Diaper)

Day / Night
ADULT DIAPERS

8 - 9 hours
**Based on normal incontinent output*



EUROPEAN SIZE

Larger in measurements compared to Asian standards.



PREMIUM VELCRO TAPE DESIGN

High quality ultra soft hook and loop tape fasteners offers maximum taping options for a better snug fit.



BREATHABLE CLOTH LIKE BACKSHEET

Experience ultimate comfort and improved hygiene with skin aeration, reduces heat buildup and risk of irritation.



WETNESS INDICATOR

Indicator strip changes color when diaper is wet providing quick and easy decision if a diaper change is needed.



ODOUR CONTROL

Reducing smell.



WATERPROOF STANDING LEAK GUARDS

Higher standing leak guards for maximum protection against leakage.



PERFORATED BLUE STAY DRY STRIP LAYER

Special one-way perforated acquisition dry layer (ADL) increases the speed of absorbency and locks away the moisture from the skin for maximum dryness.



SUPERIOR EMBOSSED NON-WOVEN TOP SHEET

Strong and soft clothlike fabric, with hydrophilic properties, enhance the fluid absorption and act as the 1st protective barrier to keep the user dry and comfortable.

SIZE PIECES

M **10**

60-120cm / 24-48 inches

10 pcs x 8 bags/carton

L **10**

110-160cm / 43-63 inches

10 pcs x 8 bags/carton

XL **8**

120-170cm / 47-67 inches

8 pcs x 8 bags/carton



THE BEST CARE FOR SKIN HEALTH

PROskin



PANTS FORMAT



TAPE FORMAT



SCAN HERE
to learn more about
TENA products



For more information, please contact

☎ 1-800-88-9988 | 🌐 TENA.Malaysia | 🌐 www.TENA.com.my



PRICE DISPLAY IS
ALPRO MEMBER
PRICE

POST-DISCHARGE CARE SUPPORT & BRACES



FOR TREATMENT RECOVERY USE



Size:
S [70832]
M [71304]
L [71305]

UC-007 Clavicle Brace
| Provides stabilization to the clavicle area | Correction of poor posture and rounded/ slumped shoulders |

RM 67

MDA Reg No : GA3437020-40734



Size:
S [74498]
M [74499]
L [74500]
XL [74501]
XXL [74502]

US-015 Neoprene Adj. Shoulder Support
| Helps to reduce pain and speed up recovery at shoulder area. | Best For Shoulder Injury |

RM 78

MDA Reg No : GA8545721-58567



Size:
S/M [70831]
L/XL [71303]
XXL [71596]

UB-006 Comfort-pull Back Brace (Mesh)
| Suitable for acute low back pain | Postoperative care |

RM 198

MDA Reg No : GA4552920-40729



Size:
S [70844]
M [71333]
L [71334]
XL [71335]
XXL [71336]

UA-011 2-panel Abdominal Binder
| Provides proper comfort | Compression to the abdomen | Suitable for post-surgery and postpartum |

RM 103

MDA Reg No : GA5872720-40744



UA-014 Maternity Belt
| Pregnant support belly belt | Postpartum hip recovery belt |

RM 62

MDA Reg No : GA7356221-55829



Size:
S [70816]
M [71299]
L [71300]

UN-001 Soft Cervical Collar
| Provides support & motion control | Suitable for whiplash injury and stiff neck | Neck muscle spasms |

RM 34

MDA Reg No : GA7944220-60813



Size:
S/M [70820]
L/XL [71301]

UW-004 Comfort-pull Wrist Splint W/2 Stays
| Suitable for injured wrist | Support the wrist |

RM 72

MDA Reg No : GA5669520-40738



Size:
S/M [70821]
L/XL [71302]

UT-005 Comfort-pull Thumb Spica
| Support the thumb | Suitable for injured thumb joints |

RM 65

MDA Reg No : GA5793820-40760



Size:
Left [70818]
Right [70819]

UF-003 Dynamic Finger Exerciser (Left / Right)
| Enhance strenght of fingers | Suitable for post-stroke rehabilitation |

RM 159

MDA Reg No : GA5915120-40730



UE-002 Tennis Elbow Support With Gel Pad
| Provide adjustable compression | Suitable for tennis elbow pain |

FREE Size [70817]

RM 62

MDA Reg No : GA4643019-32283



UK-008 Cool Grey Snug Knee Support W/Gel Pad & Spiral Stay

Extra Support For Treatment

Size:
S [70833]
M [71306]
L [71307]
XL [71308]
XXL [71309]

~~RM 269~~
RM 172

MDA Reg No : GA3785720-40660



UA-009 New Ok Ankle Support
| Provides support and compression to ankle | Prevent sprains or strains | Suitable for minor ankle pain |

Size: Well Fit 13cm to 21cm [70834]

RM 96

MDA Reg No : GA8813620-40739



NEW

UM-804 Soothing Cold & Hot Therapy Hat
| Versatile temperature therapy | Targetted therapy |

Size: One size fit all

RM 65

MDA Reg No : GA6173123-115404



NEW

Size:
S [100203908]
M [100203916]
L [100203924]

US-450 Cold & Hot Compression Sleeve
| Universal relief | Versatile temperature therapy | Hook and loop closure

RM 77

MDA Reg No : GA6687423-118396



Things To Take Note When Using Knee Brace.

- Do not wear support or braces while sleeping.**
- Recommended to take off the support or braces and rest for 5 minutes every 2 hours.**
- Over tightness will cause discomfort and affect blood circulation.**

All these medical devices registered under Act 737

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FOR LIFESTYLE PREVENTION USE



Size:
S [70838]
M [71319]
L [71320]
XL [71321]
XXL [71322]

UL-203 Inno-pattern Lumbar Support

Provides medium support to lumbar | Suitable for acute low back pain | Postoperative care |

RM 188

MDA Reg.No : GA6667820-40770



Size:
S [70836]
M [71315]
L [71316]

UE-201 Inno-pattern Elastic Elbow Support

Enhance elbow comfort when in motion | Suitable for protection for daily activities |

RM 34

MDA Reg.No : GA5212420-41018



Size:
S [70837]
M [71317]
L [71318]

UW-202 Inno-pattern Elastic Wrist Support

Enhance wrist comfort when in motion | Suitable for protection for daily activities |

RM 29

MDA Reg.No : GA8610320-40740



Size:
S [70843]
M [71326]
L [71330]
XL [71331]
XXL [71332]

UK-207 Inno-pattern Elastic Knee Support

Enhances knee comfort in motion | Suitable for protection for daily activities |

RM 35

MDA Reg.No : GA5993320-40741



Size:
S [70842]
M [71325]
L [71326]
XL [71327]
XXL [71328]

UK-206 Dynamic Taping Knee Support

Provides better protection and stabilization | Suitable for knee joint pain |

RM 77

MDA Reg.No : GA6681020-40750



UK-204 New Ok Knee Support W/4 Spiral Stays & Silicone Pad

Provide extra support | Stabilization to patella | Suitable for outdoor sport activities |

Size: Well Fit 30cm to 46cm [70839]

RM 107

MDA Reg.No : GA9277920-40747



UK-205 Reinforced Patella Strap

Provide extra support | Stabilization to patella | Suitable for Jumper's knee/ patella tendonitis |

Size: Well Fit 30cm to 46cm [70840]

RM 70

MDA Reg.No : GA9724020-40815



Size:
S [70841]
M [71323]
L [71324]

UA-208 Inno-pattern Elastic Ankle Support

Enhance ankle comfort when in motion | Suitable for protection for daily activities |

RM 36

MDA Reg.No : GA7724620-50634

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FREE **7 Days** Exchange Return Guarantee If Any Manufacturing Defect

FREE **Worth RM50** Physio Online Consultation

How To Choose The Suitable **Knee Support!**



Ugoku
Move Freely. Stay Active.

**360°
PRO
TEC
TION**

suitable for:



Arthritis



**Pain On
Movement**



**Ligament
Injuries**



Registered under Act 737 with
Medical Device Authority Malaysia
Registration number : GA3785720-40660

with Ugoku Cool Grey Snug Knee Support

Viartril®-S

is formulated with crystalline glucosamine sulfate, an original product that has shown proven safety and effectiveness in treating knee osteoarthritis.



MAL07031275X

Viartril-S
GLUCOSAMINE SULPHATE
Powder for Oral Solution
10 Sachets



MAL20031758X

Mylan Healthcare Sdn Bhd (a Viartis Company) Company Reg No: 201501036500 (1161821-X)
15-03 & 15-04, Level 15, Imazium, No. 8, Jalan S5 21/37, Damansara Uptown,
47400 Petaling Jaya, Selangor, Malaysia
Tel: 603-77338005

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The effect of the product may vary among individuals.
This is a traditional product advertisement | KKLJU.2936/2023 | Expiry date: 31 December 2025
MUL-2023-0267-18JULY2023


VIATRIS



see clearly again: **a simple guide to cataracts**



as we get older, it's common for our vision to become **cloudy** due to cataracts. A cataract happens when the lens inside your eye becomes **less clear**, making it harder to see. This can lead to **blurry vision, sensitivity to light, and difficulty seeing at night**.

In the early stages, stronger glasses or better lighting can help, but if the cataract gets worse, **surgery** to replace the cloudy lens with a clear one is often the **best option**.

Symptoms to Watch Out For

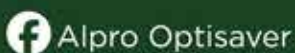
If you or a loved one experience any of the following, it may be time to consult an eye care professional:

- Blurred or cloudy vision**
- Difficulty seeing at night**
- Sensitivity to bright lights or glare**
- Seeing "halos" around lights**
- Fading or yellowing of colors**

Cataract be cured by eyedrops? Find out more from our Cataract Care Guide. Download our free Cataract Care Guide today for expert advice and easy-to-follow tips on managing cataracts and keeping your vision sharp. Start seeing clearly again!



**SCAN FOR
FREE
DOWNLOAD**





Prepared by:
Dr. Khoo Wei Jin

“Imagine living with diabetes and feeling genuinely supported in every aspect of your journey, especially emotionally. That’s the promise of SugO365.”

SugO365 is a digital diabetes care subscription that provides essential tools for daily blood glucose monitoring. Its app connects you instantly with healthcare professionals, including pharmacists, nutritionists, and dietitians, offering personalized advice when you need it.

Recently, research conducted on over 151 Type 2 Diabetes participants with **uncontrolled blood glucose levels (HbA1c ≥ 6.3%)** validated the effectiveness of SugO365.

The participants were divided into two groups:

SugO365 Subscribers

Non-subscribers

SugO365
PARTICIPANTS
HAD A **1%**

Better HbA1c
Control Compared
To Non-Subscribers.

References
Johari, S. M., Razali, N. H., Chua, K. J., & Shahar, S. (2024). The efficacy of self-monitoring of blood glucose (SMBG) intervention package through a subscription model among type-2 diabetes mellitus in Malaysia: A preliminary trial. Retrieved from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1191324/>

RESEARCH

The efficacy of self-monitoring of blood glucose (SMBG) intervention package through a subscription model among type-2 diabetes mellitus in Malaysia: a preliminary trial

Sa'ida Munira Johari¹, Nurul Huda Razali^{2*}, Kai Jia Chua¹ and Suzana Shahar¹

Abstract

Background The aim of this study was to determine the efficacy of a subscription model for self-monitoring of blood glucose (SMBG) intervention package among type-2 diabetes mellitus (T2DM) patients in Malaysia.



SugO365 stands out for its real-time support, improving emotional well-being by 37.4% in the Role-Emotional scale for the intervention group, compared to 11.2% for the control group, making it a valuable companion for better blood glucose management through technology and compassionate care.



Read the full article here!



Contact us to know more!

GLUCOMETER

Contour Plus One Meter

Start kit 25's
| Readings connectable to smartphone |
| Highly accurate |
| Big LCD, easy to read |

[66773]
~~RM 145~~ **RM 120**

MDA Reg.No : IVDC3390152578



OR

MORE AFFORDABLE
Top Recommended Blood Glucose Control
test strip SAVE UP TO 50%

sugO365™
where life gets sweeter™
Subscription Plan

FREE
Contour Plus One Meter

365 DAYS
Real Time Nutritionist & Dietitian Consultation

ACCU-CHEK GUIDE ME KIT

With Test Strip 25s
| Wireless connection to smartphone | Simply easy |
| Proven accuracy |



FREESTYLE FREEDOM

Lite Starter Kit 10's
| Simple and easy testing |
| No coding technology |
| Tiny blood sample size |



ONE TOUCH ULTRA

Plus flex Starter kit 25's
| Quick and easy to use |
| Fast, accurate with a tiny blood sample |
| Big LCD, easy to read |



All these medical devices registered under Act 737

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| Installment Available For HLB & CIMB Credit Card Holder Only. | Please consult your doctor for the interpretation of results and diagnosis. |

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where life gets sweeter

Eat your

LOWcarb

LOW GI

with confidence!

alpro

NUTRITIONIST
& DIETITIAN
APPROVED



37
GI



40% Lower Carb

2 slices of sourdough equals
to 1 slice regular bread



Sourdough

Easily Digested.



Low GI 37

Average GI for
white bread is 72



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eat carbs with confidence



Learn more
here:

*T&C Apply



sugO365™
where life gets sweeter



Grab Your Bowl Now

From Alpro Dietitians & Nutritionists!

2-IN-1

Blood Pressure + Pulse Pressure

5 Years Warranty

INNOMED™ M6
2 In 1 Blood Pressure Meter

RM 288.00
BEST BUY
SPECIAL OFFER



Pulse pressure indicates arterial hardness and is an independent risk factor for congestive heart failure according to Framingham Heart Study. Your risk of congestive heart failure increases by 55% with every 16mmHg pulse pressure increase.

Temp. 43, Humidity 95, Wind AD, Water pulse pressure 4, Alcohol 30ml, 220g Hypertension (Common)

MDA Reg. No: G032232622-101941

Glucosaver
The Real Loyalty Program
for GlucoNavii & GlucoDr. Users

100% SAVINGS | **0% COMMITMENTS**

free **relax la...**

Collect Your Purchase Receipts Up To 1 Year!
FREE 1 bottle (25s) of test strip with purchase of 3 bxs (50s) of test strips.

*Terms & Conditions Applied

Scan Here for More Inquiries

Using a **Different Brand?**
Switch to GlucoDr. & GlucoNavii Today!

Glucodr. auto A Starter Kit with Test Strips 25's
RM 40.00
SPECIAL OFFER

50 GlucoNavii GDH-NFC Starter Kit with Test Strips 25's
RM 68.00
SPECIAL OFFER

S SELECT
एससेलेक्ट

1 Pack

96

kinds of
vegetables
& fruits

Young Barley Leave

Vegetables

and

Fruits

APPLE & MANGO FLAVOUR



Oishi Fruits Green Juice

フルーツ青汁

国産大麦若葉使用

+ Absorbable Calcium

+ 20 Billions Probiotics

Top 5 reasons to take S Select Green Juice:

- ♥ Promote healthy digestion, strengthen bone & joint health
- ♥ Packed of full antioxidants, vitamins, minerals & fibers
- ♥ Naturally remove toxins from body
- ♥ Low sugar! Sugar contains 0.123g only!
- ♥ Just RM1.20/day for vegetables and fruits daily intake



Recommended for:

- Constipation & frequent gastrointestinal discomfort
- Hate green vegetables
- Juice lover

Hear Great With Mimitakara®

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TECHNOLOGY



ONLY AT
RM 2750

Book Your
Appointment
Now!



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DAYS
FREE
TRIAL

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DAYS
1 year
warranty

300
OUTLETS
Ready to
assist you

FREE
CLEANING
+
Sterilization
for lifetime

APP
Professional
assistance
provided
anytime



LOUD SNORING AT NIGHT FOR YEARS?

It Could Be A Sign Of **Sleep Apnea**



Take A Quick Check For Yourself Today!

STOP-Bang questionnaire

Answer **Yes** Or **No** To Each Question.

	Y	N
Snoring (Do you snore loudly?)	<input type="checkbox"/>	<input type="checkbox"/>
Tiredness (Do you often feel tired, fatigued, or sleepy during the daytime?)	<input type="checkbox"/>	<input type="checkbox"/>
Observed Apnea (Has anyone observed that you stop breathing, or choke or gasp during your sleep?)	<input type="checkbox"/>	<input type="checkbox"/>
High Blood Pressure (Do you have or are you being treated for high blood pressure?)	<input type="checkbox"/>	<input type="checkbox"/>
BMI (Is your body mass index more than 35kg per m ² ?)	<input type="checkbox"/>	<input type="checkbox"/>
Age (Are you older than 50 years old?)	<input type="checkbox"/>	<input type="checkbox"/>
Neck Circumference (Is your neck circumference greater than 40cm [15.75 inches]?)	<input type="checkbox"/>	<input type="checkbox"/>
Gender (Are you male?)	<input type="checkbox"/>	<input type="checkbox"/>

Add 1 point for each **Yes**.

Scoring Guide	0 to 2	3 or 4	≥5
	Low Risk	Moderate Risk	High Risk

Source: University Health Network, Toronto, Ontario, Canada (www.stopbang.ca/asa/screening.php) Used with permission from Saskatchewan Healthcare.

What Is Sleep Apnea?

Sleep apnea is a common disorder with frequent breathing interruptions during sleep, causing loud snoring and daytime drowsiness. Untreated, it can lead to serious health issues like cardiovascular disease and high blood pressure.

There are 3 primary types of sleep apnea:

3 Types of Sleep Apnea



1 Obstructive Sleep Apnea (OSA)

Causes the muscle at the back of your throat to relax and narrow the airway.



2 Central Sleep Apnea (CSA)

The brain fails to deliver signals to engage the appropriate breathing muscles.

3 Complex Sleep Apnea

A hybrid form of OSA and Central Sleep Apnea.



Is Sleep Apnea Dangerous?

While not immediately life-threatening, sleep apnea increases the risk of serious health issues such as heart attacks, strokes, and type 2 diabetes. Untreated sleep apnea can double the risk of sudden death compared to those without the condition.

Symptoms of Sleep Apnea

- Loud snoring
- Breathing pauses during sleep
- Gaspings or choking
- Daytime fatigue
- Morning headaches
- Difficulty concentrating

Risk Factors

- Overweight
- Large neck
- Older age
- Family history
- Smoking and alcohol
- Conditions like high blood pressure and diabetes.

Diagnosing Sleep Apnea

Sleep apnea is usually diagnosed with a sleep study, either at home or in a clinic. During the study, doctors check the patient's breathing, blood oxygen levels, and other vital signs to determine if sleep apnea is present and how severe it is.



A Good Night's Sleep:

Your Key to Health

“ SAY GOODBYE TO SNORING! ”

Sleep apnea is manageable. If you have symptoms, reach out for a consultation to explore treatment options. Early diagnosis can prevent complications and improve your quality of life.



Prepared by:
Dr Melissa Goh Kai Sin



Treatment Options for Sleep Apnea

Treatment for sleep apnea depends on its severity and may include:

1 Lifestyle Changes:

Losing weight, eating well, exercising, adjusting sleep positions, and avoiding alcohol and sedatives can help improve symptoms.

2 Continuous Positive Airway Pressure (CPAP) & Bilevel Positive Airway Pressure (BPAP):

These machines deliver a steady flow of air through a mask to keep the airway open. CPAP provides constant pressure, while BPAP has different pressures for breathing in and out.

3 Oral Appliances:

Devices that reposition the jaw or tongue to keep the throat open.

4 Surgery:

In severe cases, surgery may remove tissue blocking the airway or adjust the jaw.

5 Medications and Oxygen Therapy:

These are used for central sleep apnea, especially if there are other health issues.

Sleep Apnea Jokes



@Silvercare_Auntie Lina & Uncle Jon.

Get Started
On Good Sleep



We help to determine
if you are suffering
from sleep apnea.

Are you struggling with snoring or restless nights?

SLEEP TEST SERVICE

Is Now Available At Alpro



STEP

1

FREE Screening

Visit our selected outlets today!

STEP

2

Sleep Test & Results

Analyze your sleep patterns in your own bed
(airflow, respiratory effort, oxygen levels,
heart rate, and snoring).

*Fees is applied.

STEP

3

Online Doctor Consultation

Get expert advice from the comfort of your
home!

Take Control of Your Sleep!

Suspect sleep apnea? Order your sleep test today.

019-750 0612

NEW

“ Why Buy When You Can Rent ”

RENT BiPAP Machine Service



**RM
150**

Just RM150
For The First Month



Buy Anytime
Flexible Purchase Options

**24
MONTHS**

Full Ownership
In 24 Months

FREE

6 Months FREE Maintenance
Included

RENT NOW, OWN LATER!

Refer to page 56 for details.

BiPAP vs. CPAP

Choosing the Right Sleep Therapy for You

	BiPAP (Bilevel Positive Airway Pressure)	CPAP (Continuous Positive Airway Pressure)
Function	Provides two pressure levels: higher for inhalation (IPAP) and lower for exhalation (EPAP).	Delivers continuous airflow at a single pressure.
Comfort	Generally more comfortable for those who struggle with exhalation, mimicking natural breathing patterns.	May be uncomfortable for some users when exhaling against constant pressure.
Cost	Typically ranges from RM4000-9000 due to its advanced and flexible features. (Or rent as low as only RM150/month. Refer to page 54)	Typically ranges from RM1500-RM5000

Consult your healthcare provider to choose the best option for your needs!

- **BiPAP:** Better for complex breathing issues or those needing more comfort.
- **CPAP:** Ideal for straightforward sleep apnea treatment.

出租服务 SEWA



* Addition RM20 processing fee.
* Refundable deposit RM400 will be collected.

RENTAL Hospital Bed

MANUAL BED **OR** ELECTRIC HOMECARE BED

FREE UPGRADE

MDA Reg.No : GMD57430969219A

MDA Reg.No : GAB473223-132542

RECOMMENDED

* Subject to availability

1 WEEK

RM80

1 MONTH

RM200

3 MONTHS

RM450
(RM150/month)

6 MONTHS

RM840
(RM140/month)

RENTAL BUNDLE
with Tubular Ripple Mattress

RENTAL BUNDLE
with Tubular Ripple Mattress

RENTAL BUNDLE
with Tubular Ripple Mattress

RENTAL BUNDLE
with Tubular Ripple Mattress

Top up only
RM80 per month.

Top up only
RM75 per month.

Top up only
RM80 per month.

Top up only
RM75 per month.

RM690 **SAVE RM360**

RM1,290 **SAVE RM810**

RM990 **SAVE RM360**

RM1,890 **SAVE RM810**

ELECTRIC HOSPITAL BED



MDA Reg.No : GA9566520-49347
* Subject to availability

1 WEEK

RM120

1 MONTH

RM300

3 MONTHS

RM750
(RM250/month)

6 MONTHS

RM1,440
(RM240/month)

RENTAL BUNDLE
with Tubular Ripple Mattress

RENTAL BUNDLE
with Tubular Ripple Mattress

Top up only
RM80 per month.

Top up only
RM75 per month.

RM990 **SAVE RM360**

RM1,890 **SAVE RM810**



How to Choose the Suitable Hospital Bed ?



Electric



Homecare Electric



Manual

Remote Control



Adjustable Bed Height & Position



Head & Leg Only



Advantage



• Foldable & Save Space
• For Instant Self Pick-up & RMO Delivery Fee



RENTAL Ripple Mattress



MDA Reg.No : GMD25608743519A
* Subject to availability

APEX DOMUS 2 TUBULAR

Care for a Healthy Life

It's crucial for bedridden patient to prevent risk of pressure ulcer & promote blood circulation.

1 WEEK	1 MONTH	3 MONTHS	6 MONTHS
RM60	RM150	RM300	RM550
		SAVE RM150	SAVE RM350

* Addition RM20 processing fee.
* Refundable deposit RM400 will be collected.

Mattress for PURCHASE Only due to hygiene purpose.



[7037]
RM300
3 Inches Folded Mattress

[61969]
RM400
4 Inches Folded Mattress

SPECIAL PRICE!
For Purchase / Rental
Hospital Bed



~~RM650~~ **RM480** **PWP**
4 Inches
High Density Foam
Support Mattress

RENT AND TOP UP !



GKB Lion's Mane
Mushroom

~~RM198~~ **SAVE RM59**
RM139

With Purchase or Rent Any
Medical Rehab Items.

Home Physiotherapy Treatment

~~RM150~~ **SAVE RM70**
RM80/session

or **X 1 SESSION** **FREE X1**
(Worth RM150)
*with Purchase or Rent RM400 or above

*Depend on location.
*Check out with our staff now.
*Limit for only 1 redemption per customer.



HOW TO RENT?

- 1** Pick Your Package
- 2** Contact Us **019 - 750 0612**
Provide Us Your Name, Location & Contact Number.
- 3** Confirm & Payment

All these medical devices registered under Act 737

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice. | Installment Available For Hong Leong Bank & CIMB Credit Card Holder Only. | 5% discount for both Hearing Aids and Powerlife Magnesium for Allianz Insurance customer. |

出租服务 SEWA



RENTAL Wheelchair



*Subject to availability

MDA Reg.No
GA9326524-15977

MANUAL WHEELCHAIR

MOVEN Q05 Lightweight

1 WEEK
RM 50

2 WEEKS
RM 80

SAVE
RM 20

4 WEEKS
RM 150

SAVE
RM 50

Refundable deposit **RM300** will be collected.



*Subject to availability

MDA Reg.No
GA607920-38659

MANUAL WHEELCHAIR

MOVEN Supreme Up to 130kg

1 WEEK
RM 60

2 WEEKS
RM 100

SAVE
RM 20

4 WEEKS
RM 180

SAVE
RM 60

*Refundable deposit **RM300** will be collected.

*Applicable for Reclining, Heavy Duty & Premium Wheelchair.



MDA Reg.No
GA10136424-161488

*Subject to availability

ELECTRIC WHEELCHAIR

MOVEN BM430L 8" Portable Electrical Wheelchair

1 WEEK
RM 280

2 WEEKS
RM 500

SAVE
RM 60

4 WEEKS
RM 900

SAVE
RM 220

*Refundable deposit **RM500** will be collected.

*For selected area only, ask us for more details.

RENTAL BiPAP Machine



MDA Reg.No
GB9478823151745

*Subject to availability

To assist individuals with breathing difficulties, particularly during sleep or in cases of respiratory conditions .

FIRST MONTH ONLY
RM 150

1 MONTH
RM 300

3 MONTHS
RM 840

SAVE
RM 60

For Purchase Only due to Hygiene purpose.

Nasal Cannula
RM 110



Face Mask
RM 130



*Refundable deposit **RM500** will be collected.

Available
RENT
*TO OWN
Programme

RENTAL Oxygen Therapy

1 OXYGEN CONCENTRATOR

For long hours and continuous oxygen supply.
(Run on electricity.)

MDA Reg No : GB10411723-141876

MDA Reg No : GB9264520-47073

FREE

5 LPM 10 LPM 20 LPM

1 WEEK RM120	<10 DAYS RM600	<10 DAYS RM1,000
1 MONTH RM300	1 MONTH RM700	1 MONTH RM1,500

*Subject to availability

*Refundable deposit **RM400** will be collected for **5LPM**.

*Refundable deposit **RM500** and **RM1000** will be collected for 10 & 20LPM respectively, and **Extra RM100** sanitisation fee for COVID cases.

2 OXYGEN TANK

For intermittent of oxygen supply.

10 L

Exclude Refill Fee
RM50-RM100
(depends on tank size)

1 WEEK RM40
1 MONTH RM100

*Refundable deposit **RM400** will be collected.

3 OXIMETER

MDA Reg No : GC9264520-47073

*Subject to availability

1 WEEK RM30
1 MONTH RM50

*Refundable deposit **RM50** will be collected.

OXYGEN CONCENTRATOR RENTAL PACKAGE

<p>1 MONTH</p> <p>SAVE RM50</p> <p>RM350</p> <p>5 LPM 1+2</p> <p>MDA Reg No : GB10411723-141876</p>	<p>2 MONTHS</p> <p>SAVE RM300</p> <p>RM600</p> <p>5 LPM 1+2+3</p> <p>MDA Reg No : GB10411723-141876 MDA Reg No : GC9264520-47073</p> <p>FREE RENTAL</p>
<p>2 MONTHS</p> <p>SAVE RM150</p> <p>RM550</p> <p>5 LPM 1+3</p> <p>MDA Reg No : GB10411723-141876 MDA Reg No : GC9264520-47073</p> <p>FREE RENTAL</p>	<p>6 MONTHS</p> <p>SAVE RM1,200</p> <p>RM1,500</p> <p>5 LPM 1+2+3</p> <p>MDA Reg No : GB10411723-141876 MDA Reg No : GC9264520-47073</p> <p>FREE RENTAL</p>

HOW TO RENT?

- 1** Pick Your Package
- 2** Contact Us **019 - 750 0612**
Provide Us Your Name, Location & Contact Number.
- 3** Confirm & Payment

All these medical devices registered under Act 737

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice. | Instalment Available For Hong Leong Bank & CIMB Credit Card Holder Only. | 5% discount for both Hearing Aids and Powerlife Magnesium for Allianz Insurance customer. |

**RM6,000
TAX RELIEF**

Cost Of Basic Supporting
Equipment For Disabled
Self, Spouse, Child Or Parent.

出租服务

SEWA



RENTAL Suction Pump



MDA Reg.No : GB10439221-54335
*Subject to availability

Helps to remove excessive mucus in airway.

1 WEEK RM20	1 MONTH RM50	2 MONTHS RM90 SAVE RM10
3 MONTHS RM120 SAVE RM30	+ RM100 For Purchase Of Suction Canister Due To Hygiene For The Patient. 	

*Refundable deposit **RM150** will be collected.

RENTAL Hearing Aids



*Subject to availability

MDA Reg.No : GB9503920-46643
MDA Reg.No : GB4715220-47072

Mimitakara

1 MONTH 1 Piece RM380	1 MONTH A Pair RM570 SAVE 50% For 2nd Piece
+ RM80 Accessories, System Tuning, Sterilisation SAVE 50% For 2nd Piece	

*Refundable deposit **RM500** will be collected.

FREE
7 Days Trial
Before Start Renting

HOW TO RENT?

- 1** Pick Your Package
- 2** Contact Us **019 - 750 0612**
Provide Us Your Name, Location & Contact Number.
- 3** Confirm & Payment

All these medical devices registered under Act 737

*Important Notice : T&Cs Apply. | Images are for illustration purposes only. | Price subject to change without prior notice. | Instalment Available For Hong Leong Bank & CIMB Credit Card Holder Only. | 5% discount for both Hearing Aids and Powerlife Magnesium for Allianz Insurance customer. |

CHAIRLIFT

Difficulty & Unsafe

Getting Up & Down The Staircase ?

Space Saving

Ultra-streamlined Design
& Foldaway Seat.

Reliable Easy To

Clean & Maintain

140kg

Weight Limit



CAR SEAT LIFT

To Get In & Out Of The Car Easily ?



FROM
RM6,800
ONWARDS

WHEELCHAIR RAMP

To Get Over The Steps Easily & Safely ?

▶ Rollable Design

- Easy Operate & Storage
- Light & Easy To Carry

▶ Strong Structure

Load Capacity 500kg



Length Available : 4 Feet, 5 Feet, 6 Feet,
*762mm (Width) 7 Feet, 8 Feet.

Contact Us for **Quotation Now!**

019-750 0612

Sarcopenia is a condition characterized by the age-related loss of muscle mass, strength, and function. It commonly affects older adults and can have significant consequences on physical health and overall well-being.

Physiotherapy plays a crucial role in managing sarcopenia by addressing the physical aspects of the condition. Physiotherapists closely monitor individuals' progress throughout their treatment. A series of physical assessment will be done by physiotherapists before any treatment given.

4 Elements Of Physio Treatment For Sarcopenia

- 1 Personalized Muscle Strengthening Exercises**
 This exercise is a specific exercise program to pin point the specific muscle group to stimulate muscle growth, improve muscle strength, and counteract muscle loss caused by sarcopenia. This personalized approach ensures that the treatment targets the areas of concern and optimizes outcomes.
- 2 Balance And Coordination Exercises**
 Sarcopenia can contribute to balance deficits and an increased risk of falls. Physiotherapists include balance and coordination exercises in their treatment approach to improve postural control and reduce the risk of falls. These exercises help enhance balance, stability, and coordination, promoting safer mobility.
- 3 Functional Training**
 Training 1 -2 muscles will not help. Physiotherapists will incorporate functional training exercises into the treatment plan to improve muscle function and enhancing the ability to perform daily activities with ease and independence. This aim to maintain their functional capacity and improves their quality of life.
- 4 Education And Lifestyle Modifications**
 Physiotherapists provide education on lifestyle modifications that support muscle health.
 - Suggestion of appropriate support
 - Posture correction
 - Home exercises



Home Physio Service

- Post-stroke
- Post-discharge/ Surgery Rehab
- Shoulder / Back / Knee Pain
- Post Covid-19 Lung Infection / Heart Surgery
- Parkinson's / Cerebral Palsy / Spinal Cord Injury
- Sports Injury Rehab

Normal Price
RM150 / Visit

10+2 DAYS Package

RM130 /visit **SAVE RM240**
(Visit once /day)

20+5 DAYS Package

RM126 /visit **SAVE RM600**
(Visit once /day)

Only for **FIRST** Time User

CENTER Physiotherapy

Consultation Fee
~~RM 110 + RM 50~~
ONLY RM 85/visit **SAVE RM75**

HOME Physiotherapy

Consultation Fee
~~RM 150 + RM 50~~
ONLY RM 100/visit **SAVE RM100**

Alpro Physio Centers

- Alpro Physio Seremban 2
- Alpro Physio Setia Tropika
- Alpro Physio Jalan Pesta
- Alpro Physio Senawang
- Alpro Physio Kuching
- Alpro Physio Bentong
- Alpro Physio Kota Kemuning
- Alpro Physio Batu Pahat
- Alpro Physio Malim Jaya
- Alpro Physio Butterworth
- Alpro Physio Tanjung Chat
- Alpro Physio Gong Badak
- Alpro Physio Lukut
- Alpro Physio Ipoh Selantan
- Alpro Physio Kuantan

BOOK NOW

019-275 9828

Important Notice :

1. Service only available at physio enter and pharmacy outlet with community physiotherapist.
2. Coverage only within 10km from our center or outlet.

GKB LION'S MANE Mushroom



~~RM 198~~
RM 178

PWP

RM 139

With Purchase & Rent Rehab Silvercare Products Or Purchase Any Physio Treatment

Product Reg.No : MAL21036127TC



alpro homecare
Bringing Care to Home



At Alpro Homecare, we deliver comprehensive healthcare service directly to your doorstep, ensuring that you and your loved ones receive top-quality treatment in the comfort of your own home.

Well-trained **Home Care**
professional team

- Doctors
- Nurses
- Medical Assistants
- Physiotherapists
- Pharmacists
- Nutritionists

OUR SERVICES

Nursing Care	RM 110
Medical Procedure	RM 110
Doctor Assessment 	RM 250

NURSING PACKAGE

RM**990** x10 visits

RM**1800** x20 visits

Terms & Conditions apply

1. Turn around time for deployment will commence once full payment received.
2. Surcharge is applicable if the distance to your doorstep is more than 10km from our nearest assigned station.
3. Price quoted is for service fee only excluding medication and / or consumables.

Home Care Services

NURSING CARE

- Sponging / bathing
- Change diaper
- Basic physiotherapy/ passive stretching exercise
- Feeding
- Serve medications

PROCEDURE

- Urine catheter insertion and removal
- Feeding tube insertion and removal
- Wound dressing and care
- Stoma care
- Injection-medication / vaccination
- Intravenous (IV) drip
- Blood tests

DOCTOR ASSESSMENT

- Personalize treatment plan

CONTACT US NOW!



Call or WhatsApp us now for enquiries:

019-396 7828

“Worry not! **ALPRO ePharmacy** is here for you!



Alpro ePharmacy

WE DELIVER

MEDICATION SAFETY

T&Cs apply.



Same-Day Delivery

As fast as within 30 mins*



FREE Consultation

Professional team comprising doctors & pharmacists



Medication Safety

RM1,000,000 Product Liability Insurance



Zero Contact Delivery

Reduce the risk of disease transmission



ePharmacy had reached

2000 reviews

Customer



Alan Lian
19 reviews · 6 photos

★★★★★ an hour ago **NEW**

This is my first online purchase with Alpro Pharmacy Malaysia from Australia. I don't have any Malaysian bank accounts, I was unable to pay via iPay88 which is the preferred payment method. Though there's Google Pay but was unable to use my Australian credit card. I contacted Alpro WhatsApp team. The staff were very helpful and provided me with all the relevant info to pay via instant transfer. I was able to pay within seconds! Really appreciate their helpfulness, their expertise and professionalism. Thank you guys. I will definitely recommend Alpro Pharmacy to all my Australian friends. Will make more purchases in the future.



Evy Chong

★★★★★ just now

Alpro pharmacist assisted my inquiries promptly and delivered my prescription within 3 hours. They're quite attentive and helpful. If you ever need certain prescription to be delivered to you from a pharmacist. I'd definitely recommend Alpro.



Yee Yon Lim
Local Guide · 37 reviews

★★★★★ 20 minutes ago

The pharmacist was very attentive to my order request and patient in addressing my problem although it was through an online platform. Having this ePharm is really a great convenience, you will be attended to Alpro nearby without having to walk into physical stores! ❤️ Price point is reasonable 👍



Norafizah Hj Ali
2 reviews

★★★★★ 7 minutes ago **NEW**

Impressive service! This is my second experience purchasing items from this pharmacy with the help of pharmacist. They're also able to locate which particular branch still have the item instock and deliver it on the same day (I was using the Express delivery :)). They also check if I have receive the item well. Thank you Alpro for your efficient and reliable services!

Medication Consultation & Ordering



019-7021923

oncohelp

by Alpro Pharmacy

*Caring for someone with cancer can be incredibly tough.
We know it can take an emotional toll on you, and we're here to support you through it.*



Affordable
Chemo-Drug Supply
优惠化疗药物



Fast & Secure
Medication Delivery
快速安全



Financial Aids & Subsidy Application
经济补贴申请



Recovery & Well-being
Holistic Support
康复计划

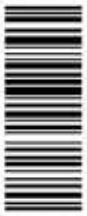


Hi oncohelp

010-262 1923

In partnership with: **alpro foundation**
Bringing Hope, Changing Lives





Sponsored by :

alpro foundation
Bringing hope, Changing lives

Do You Know If There's Anyone Who Needs Help?

Are they on :

- Tube Feeding?
- Bedridden And Unable To Eat Solids?
- No Income?



We Can Support Them!
019-388 1923

Just Call / WhatsApp Alpro Foundation



Collaborating Partner :



The Malaysian Society Of Rehabilitation



Mimitakara®



sugO365™
LIVING WITH GREAT SUPPORT

BES+MADE
Addition with great nutrition and love

